































Rockland, ME - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:18	11.1	5:15	9.9	10:52	-0.5	11:12	0.9	5:27	7:39	
2	Sat	5:28	10.8	6:21	10.0	11:56	-0.3			5:25	7:41	
3	Sun	6:39	10.6	7:24	10.3	12:21	0.8	12:59	-0.2	5:24	7:42	
4	Mon	7:45	10.5	8:22	10.7	1:28	0.5	1:58	-0.1	5:22	7:43	
5	Tue	8:46	10.5	9:15	11.0	2:30	0.2	2:54	-0.1	5:21	7:44	
6	Wed	9:43	10.4	10:04	11.2	3:28	-0.2	3:45	0.1	5:20	7:45	
7	Thu	10:35	10.3	10:51	11.2	4:20	-0.4	4:33	0.3	5:18	7:46	
8	Fri	11:23	10.2	11:34	11.1	5:08	-0.5	5:17	0.5	5:17	7:48	
9	Sat			12:09	9.9	5:52	-0.4	5:59	0.8	5:16	7:49	
10	Sun	12:14	10.9	12:52	9.6	6:35	-0.3	6:39	1.2	5:15	7:50	
11	Mon	12:53	10.7	1:33	9.3	7:15	0.0	7:18	1.5	5:13	7:51	
12	Tue	1:29	10.4	2:13	9.0	7:55	0.2	7:57	1.7	5:12	7:52	
13	Wed	2:06	10.1	2:54	8.8	8:36	0.5	8:39	2.0	5:11	7:53	
14	Thu	2:46	9.8	3:36	8.6	9:19	0.8	9:24	2.1	5:10	7:54	
15	Fri	3:29	9.5	4:21	8.5	10:04	1.0	10:13	2.2	5:09	7:56	
16	Sat	4:17	9.3	5:10	8.6	10:52	1.2	11:06	2.2	5:08	7:57	
17	Sun	5:10	9.1	6:00	8.7	11:41	1.3			5:07	7:58	
18	Mon	6:05	9.1	6:50	9.0	12:01	2.1	12:30	1.3	5:06	7:59	
19	Tue	7:02	9.1	7:37	9.4	12:57	1.8	1:19	1.2	5:05	8:00	
20	Wed	7:58	9.2	8:23	9.9	1:51	1.3	2:07	1.1	5:04	8:01	
21	Thu	8:51	9.4	9:08	10.5	2:42	0.8	2:55	0.9	5:03	8:02	
22	Fri	9:42	9.7	9:53	11.0	3:32	0.2	3:42	0.7	5:02	8:03	
23	Sat	10:32	9.9	10:40	11.5	4:21	-0.4	4:29	0.5	5:01	8:04	
24	Sun	11:22	10.2	11:28	11.9	5:11	-0.9	5:17	0.4	5:01	8:05	
25	Mon			12:13	10.3	6:01	-1.3	6:07	0.2	5:00	8:06	
26	Tue	12:18	12.1	1:06	10.4	6:52	-1.5	7:00	0.2	4:59	8:07	
27	Wed	1:11	12.1	2:00	10.4	7:45	-1.5	7:55	0.2	4:58	8:08	
28	Thu	2:07	12.0	2:58	10.4	8:40	-1.4	8:53	0.3	4:58	8:09	
29	Fri	3:06	11.7	3:57	10.4	9:37	-1.1	9:55	0.4	4:57	8:10	
30	Sat	4:09	11.3	4:59	10.5	10:35	-0.8	11:00	0.5	4:56	8:11	
31	Sun	5:15	10.8	6:00	10.6	11:35	-0.5			4:56	8:11	