US HARBORS www.USHarbors.com

Rockland, ME - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:18**	11.1	**5:15**	9.9	**10:52**	-0.5	**11:12**	0.9	5:27	7:39	
2	Sat	**5:28**	10.8	**6:21**	10.0	**11:56**	-0.3			5:25	7:41	
3	Sun	**6:39**	10.6	**7:24**	10.3	**12:21**	0.8	**12:59**	-0.2	5:24	7:42	
4	Mon	**7:45**	10.5	**8:22**	10.7	**1:28**	0.5	**1:58**	-0.1	5:22	7:43	
5	Tue	**8:46**	10.5	**9:15**	11.0	**2:30**	0.2	**2:54**	-0.1	5:21	7:44	
6	Wed	**9:43**	10.4	**10:04**	11.2	**3:28**	-0.2	**3:45**	0.1	5:20	7:45	
7	Thu	**10:35**	10.3	**10:51**	11.2	**4:20**	-0.4	**4:33**	0.3	5:18	7:46	
8	Fri	**11:23**	10.2	**11:34**	11.1	**5:08**	-0.5	**5:17**	0.5	5:17	7:48	
9	Sat			**12:09**	9.9	**5:52**	-0.4	**5:59**	0.8	5:16	7:49	
10	Sun	**12:14**	10.9	**12:52**	9.6	**6:35**	-0.3	**6:39**	1.2	5:15	7:50	
11	Mon	**12:53**	10.7	**1:33**	9.3	**7:15**	0.0	**7:18**	1.5	5:13	7:51	
12	Tue	**1:29**	10.4	**2:13**	9.0	**7:55**	0.2	**7:57**	1.7	5:12	7:52	
13	Wed	**2:06**	10.1	**2:54**	8.8	**8:36**	0.5	**8:39**	2.0	5:11	7:53	
14	Thu	**2:46**	9.8	**3:36**	8.6	**9:19**	0.8	**9:24**	2.1	5:10	7:54	
15	Fri	**3:29**	9.5	**4:21**	8.5	**10:04**	1.0	**10:13**	2.2	5:09	7:56	
16	Sat	**4:17**	9.3	**5:10**	8.6	**10:52**	1.2	**11:06**	2.2	5:08	7:57	
17	Sun	**5:10**	9.1	**6:00**	8.7	**11:41**	1.3			5:07	7:58	
18	Mon	**6:05**	9.1	**6:50**	9.0	**12:01**	2.1	**12:30**	1.3	5:06	7:59	
19	Tue	**7:02**	9.1	**7:37**	9.4	**12:57**	1.8	**1:19**	1.2	5:05	8:00	
20	Wed	**7:58**	9.2	**8:23**	9.9	**1:51**	1.3	**2:07**	1.1	5:04	8:01	
21	Thu	**8:51**	9.4	**9:08**	10.5	**2:42**	0.8	**2:55**	0.9	5:03	8:02	
22	Fri	**9:42**	9.7	**9:53**	11.0	**3:32**	0.2	**3:42**	0.7	5:02	8:03	
23	Sat	**10:32**	9.9	**10:40**	11.5	**4:21**	-0.4	**4:29**	0.5	5:01	8:04	
24	Sun	**11:22**	10.2	**11:28**	11.9	**5:11**	-0.9	**5:17**	0.4	5:01	8:05	
25	Mon			**12:13**	10.3	**6:01**	-1.3	**6:07**	0.2	5:00	8:06	
26	Tue	**12:18**	12.1	**1:06**	10.4	**6:52**	-1.5	**7:00**	0.2	4:59	8:07	
27	Wed	**1:11**	12.1	**2:00**	10.4	**7:45**	-1.5	**7:55**	0.2	4:58	8:08	
28	Thu	**2:07**	12.0	**2:58**	10.4	**8:40**	-1.4	**8:53**	0.3	4:58	8:09	
29	Fri	**3:06**	11.7	**3:57**	10.4	**9:37**	-1.1	**9:55**	0.4	4:57	8:10	
30	Sat	**4:09**	11.3	**4:59**	10.5	**10:35**	-0.8	**11:00**	0.5	4:56	8:11	
31	Sun	**5:15**	10.8	**6:00**	10.6	**11:35**	-0.5			4:56	8:11	