US HARBORS www.USHarbors.com

Rockland, ME - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:22**	10.5	**7:00**	10.7	**12:06**	0.4	**12:34**	-0.1	4:55	8:12	
2	Tue	**7:26**	10.2	**7:56**	10.9	**1:11**	0.3	**1:32**	0.2	4:55	8:13	
3	Wed	**8:26**	9.9	**8:50**	11.0	**2:12**	0.2	**2:27**	0.4	4:54	8:14	
4	Thu	**9:23**	9.8	**9:40**	11.0	**3:09**	0.0	**3:19**	0.7	4:54	8:15	
5	Fri	**10:15**	9.6	**10:27**	10.9	**4:01**	-0.1	**4:08**	0.9	4:54	8:15	
6	Sat	**11:04**	9.5	**11:11**	10.8	**4:49**	-0.1	**4:53**	1.2	4:53	8:16	
7	Sun	**11:49**	9.3	**11:52**	10.6	**5:33**	-0.1	**5:35**	1.4	4:53	8:17	
8	Mon			**12:32**	9.2	**6:15**	0.1	**6:14**	1.5	4:53	8:17	
9	Tue	**12:30**	10.4	**1:11**	9.0	**6:54**	0.2	**6:53**	1.7	4:53	8:18	
10	Wed	**1:05**	10.3	**1:49**	8.9	**7:32**	0.4	**7:31**	1.8	4:52	8:19	
11	Thu	**1:40**	10.1	**2:26**	8.8	**8:10**	0.5	**8:10**	1.9	4:52	8:19	
12	Fri	**2:16**	9.9	**3:02**	8.8	**8:48**	0.7	**8:52**	1.9	4:52	8:20	
13	Sat	**2:55**	9.7	**3:40**	8.8	**9:28**	0.8	**9:37**	2.0	4:52	8:20	
14	Sun	**3:38**	9.5	**4:21**	9.0	**10:09**	1.0	**10:26**	1.9	4:52	8:21	
15	Mon	**4:26**	9.3	**5:06**	9.1	**10:53**	1.1	**11:18**	1.8	4:52	8:21	
16	Tue	**5:18**	9.1	**5:54**	9.4	**11:40**	1.2			4:52	8:21	
17	Wed	**6:13**	9.0	**6:44**	9.8	**12:13**	1.5	**12:29**	1.2	4:52	8:22	
18	Thu	**7:12**	9.1	**7:36**	10.2	**1:09**	1.1	**1:21**	1.2	4:52	8:22	
19	Fri	**8:12**	9.2	**8:29**	10.7	**2:06**	0.6	**2:14**	1.0	4:52	8:22	
20	Sat	**9:11**	9.5	**9:22**	11.3	**3:02**	0.0	**3:08**	0.8	4:52	8:23	
21	Sun	**10:08**	9.8	**10:16**	11.8	**3:56**	-0.6	**4:02**	0.5	4:53	8:23	
22	Mon	**11:04**	10.1	**11:10**	12.2	**4:50**	-1.1	**4:56**	0.3	4:53	8:23	
23	Tue	**11:58**	10.4			**5:44**	-1.5	**5:50**	0.0	4:53	8:23	
24	Wed	**12:05**	12.4	**12:52**	10.6	**6:37**	-1.7	**6:46**	-0.2	4:54	8:23	
25	Thu	**1:00**	12.4	**1:47**	10.8	**7:30**	-1.8	**7:42**	-0.2	4:54	8:23	
26	Fri	**1:56**	12.3	**2:42**	10.9	**8:23**	-1.6	**8:40**	-0.2	4:54	8:23	
27	Sat	**2:54**	11.9	**3:38**	11.0	**9:17**	-1.3	**9:39**	-0.1	4:55	8:23	
28	Sun	**3:54**	11.3	**4:35**	10.9	**10:12**	-0.8	**10:41**	0.1	4:55	8:23	
29	Mon	**4:56**	10.7	**5:33**	10.9	**11:08**	-0.3	**11:44**	0.2	4:56	8:23	
30	Tue	**5:59**	10.1	**6:31**	10.8			**12:05**	0.2	4:56	8:23	