
































Rockland, ME - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:22	10.5	7:00	10.7	12:06	0.4	12:34	-0.1	4:55	8:12	
2	Tue	7:26	10.2	7:56	10.9	1:11	0.3	1:32	0.2	4:55	8:13	
3	Wed	8:26	9.9	8:50	11.0	2:12	0.2	2:27	0.4	4:54	8:14	
4	Thu	9:23	9.8	9:40	11.0	3:09	0.0	3:19	0.7	4:54	8:15	
5	Fri	10:15	9.6	10:27	10.9	4:01	-0.1	4:08	0.9	4:54	8:15	
6	Sat	11:04	9.5	11:11	10.8	4:49	-0.1	4:53	1.2	4:53	8:16	
7	Sun	11:49	9.3	11:52	10.6	5:33	-0.1	5:35	1.4	4:53	8:17	
8	Mon			12:32	9.2	6:15	0.1	6:14	1.5	4:53	8:17	
9	Tue	12:30	10.4	1:11	9.0	6:54	0.2	6:53	1.7	4:53	8:18	
10	Wed	1:05	10.3	1:49	8.9	7:32	0.4	7:31	1.8	4:52	8:19	
11	Thu	1:40	10.1	2:26	8.8	8:10	0.5	8:10	1.9	4:52	8:19	
12	Fri	2:16	9.9	3:02	8.8	8:48	0.7	8:52	1.9	4:52	8:20	
13	Sat	2:55	9.7	3:40	8.8	9:28	0.8	9:37	2.0	4:52	8:20	
14	Sun	3:38	9.5	4:21	9.0	10:09	1.0	10:26	1.9	4:52	8:21	
15	Mon	4:26	9.3	5:06	9.1	10:53	1.1	11:18	1.8	4:52	8:21	
16	Tue	5:18	9.1	5:54	9.4	11:40	1.2			4:52	8:21	
17	Wed	6:13	9.0	6:44	9.8	12:13	1.5	12:29	1.2	4:52	8:22	
18	Thu	7:12	9.1	7:36	10.2	1:09	1.1	1:21	1.2	4:52	8:22	
19	Fri	8:12	9.2	8:29	10.7	2:06	0.6	2:14	1.0	4:52	8:22	
20	Sat	9:11	9.5	9:22	11.3	3:02	0.0	3:08	0.8	4:52	8:23	
21	Sun	10:08	9.8	10:16	11.8	3:56	-0.6	4:02	0.5	4:53	8:23	
22	Mon	11:04	10.1	11:10	12.2	4:50	-1.1	4:56	0.3	4:53	8:23	
23	Tue	11:58	10.4			5:44	-1.5	5:50	0.0	4:53	8:23	
24	Wed	12:05	12.4	12:52	10.6	6:37	-1.7	6:46	-0.2	4:54	8:23	
25	Thu	1:00	12.4	1:47	10.8	7:30	-1.8	7:42	-0.2	4:54	8:23	
26	Fri	1:56	12.3	2:42	10.9	8:23	-1.6	8:40	-0.2	4:54	8:23	
27	Sat	2:54	11.9	3:38	11.0	9:17	-1.3	9:39	-0.1	4:55	8:23	
28	Sun	3:54	11.3	4:35	10.9	10:12	-0.8	10:41	0.1	4:55	8:23	
29	Mon	4:56	10.7	5:33	10.9	11:08	-0.3	11:44	0.2	4:56	8:23	
30	Tue	5:59	10.1	6:31	10.8			12:05	0.2	4:56	8:23	