
































## Rockland, ME - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:45	8.9	9:56	10.0	3:30	0.9	3:37	1.6	5:59	7:12	
2	Wed	10:28	9.2	10:38	10.2	4:13	0.7	4:20	1.4	6:01	7:10	
3	Thu	11:07	9.4	11:15	10.2	4:52	0.6	4:59	1.1	6:02	7:09	
4	Fri	11:41	9.6	11:50	10.2	5:27	0.5	5:37	0.9	6:03	7:07	
5	Sat			12:11	9.8	6:00	0.4	6:13	0.7	6:04	7:05	
6	Sun	12:22	10.2	12:39	10.0	6:33	0.5	6:49	0.5	6:05	7:03	
7	Mon	12:55	10.1	1:10	10.2	7:06	0.6	7:27	0.4	6:06	7:01	
8	Tue	1:31	10.0	1:46	10.3	7:41	0.7	8:08	0.3	6:07	6:59	
9	Wed	2:12	9.8	2:27	10.4	8:20	0.9	8:53	0.3	6:09	6:58	
10	Thu	2:58	9.5	3:14	10.4	9:05	1.1	9:45	0.4	6:10	6:56	
11	Fri	3:51	9.3	4:08	10.4	9:56	1.3	10:44	0.4	6:11	6:54	
12	Sat	4:51	9.1	5:09	10.4	10:56	1.4	11:49	0.4	6:12	6:52	
13	Sun	6:01	9.0	6:18	10.5			12:02	1.4	6:13	6:50	
14	Mon	7:14	9.3	7:30	10.8	12:57	0.2	1:11	1.1	6:14	6:48	
15	Tue	8:22	9.7	8:38	11.2	2:02	-0.2	2:18	0.6	6:15	6:47	
16	Wed	9:21	10.3	9:39	11.6	3:02	-0.6	3:20	0.0	6:17	6:45	
17	Thu	10:15	11.0	10:35	11.8	3:58	-0.9	4:17	-0.5	6:18	6:43	
18	Fri	11:05	11.4	11:28	11.8	4:49	-1.1	5:11	-1.0	6:19	6:41	
19	Sat	11:53	11.7			5:37	-1.1	6:02	-1.2	6:20	6:39	
20	Sun	12:18	11.7	12:39	11.8	6:24	-0.9	6:51	-1.2	6:21	6:37	
21	Mon	1:07	11.3	1:24	11.6	7:09	-0.5	7:40	-1.0	6:22	6:35	
22	Tue	1:56	10.7	2:10	11.3	7:55	0.1	8:29	-0.5	6:23	6:34	
23	Wed	2:46	10.1	2:57	10.8	8:41	0.7	9:19	0.0	6:25	6:32	
24	Thu	3:38	9.5	3:47	10.2	9:30	1.3	10:12	0.5	6:26	6:30	
25	Fri	4:33	9.0	4:42	9.8	10:22	1.8	11:08	0.9	6:27	6:28	
26	Sat	5:32	8.6	5:42	9.4	11:19	2.1			6:28	6:26	
27	Sun	6:31	8.4	6:43	9.3	12:07	1.2	12:20	2.2	6:29	6:24	
28	Mon	7:29	8.5	7:40	9.4	1:06	1.3	1:19	2.2	6:30	6:22	
29	Tue	8:21	8.7	8:33	9.5	2:00	1.2	2:14	1.9	6:32	6:21	
30	Wed	9:08	9.0	9:20	9.7	2:49	1.1	3:03	1.6	6:33	6:19	