

































Rockland, ME - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:50	9.4	10:03	9.9	3:32	0.9	3:47	1.2	6:34	6:17	
2	Fri	10:27	9.7	10:42	10.0	4:11	0.7	4:28	0.8	6:35	6:15	
3	Sat	11:00	10.0	11:18	10.1	4:47	0.6	5:06	0.5	6:36	6:13	
4	Sun	11:31	10.3	11:54	10.1	5:22	0.6	5:44	0.2	6:38	6:11	
5	Mon			12:03	10.6	5:57	0.6	6:23	-0.1	6:39	6:10	
6	Tue	12:30	10.1	12:38	10.8	6:33	0.6	7:03	-0.2	6:40	6:08	
7	Wed	1:10	10.0	1:18	10.9	7:12	0.7	7:47	-0.3	6:41	6:06	
8	Thu	1:54	9.8	2:03	10.9	7:56	0.9	8:35	-0.3	6:42	6:04	
9	Fri	2:43	9.6	2:53	10.8	8:45	1.0	9:29	-0.1	6:44	6:03	
10	Sat	3:39	9.4	3:51	10.7	9:40	1.2	10:30	0.0	6:45	6:01	
11	Sun	4:43	9.3	4:56	10.6	10:44	1.3	11:35	0.1	6:46	5:59	
12	Mon	5:54	9.4	6:09	10.5	11:53	1.2			6:47	5:57	
13	Tue	7:04	9.7	7:21	10.7	12:41	0.0	1:03	0.9	6:49	5:56	
14	Wed	8:07	10.2	8:27	10.9	1:44	-0.2	2:09	0.4	6:50	5:54	
15	Thu	9:04	10.8	9:27	11.1	2:43	-0.4	3:10	-0.2	6:51	5:52	
16	Fri	9:56	11.3	10:22	11.2	3:37	-0.6	4:05	-0.7	6:52	5:51	
17	Sat	10:44	11.6	11:13	11.1	4:27	-0.6	4:57	-1.0	6:54	5:49	
18	Sun	11:31	11.8			5:14	-0.4	5:46	-1.1	6:55	5:47	
19	Mon	12:02	10.9	12:15	11.7	5:59	-0.1	6:33	-1.0	6:56	5:46	
20	Tue	12:50	10.5	12:58	11.4	6:43	0.3	7:18	-0.7	6:57	5:44	
21	Wed	1:36	10.1	1:40	11.0	7:27	0.7	8:04	-0.3	6:59	5:42	
22	Thu	2:22	9.6	2:24	10.5	8:11	1.2	8:50	0.1	7:00	5:41	
23	Fri	3:10	9.2	3:09	10.0	8:57	1.7	9:38	0.6	7:01	5:39	
24	Sat	4:00	8.8	3:59	9.6	9:46	2.0	10:29	1.0	7:03	5:38	
25	Sun	4:53	8.5	4:54	9.3	10:39	2.3	11:23	1.2	7:04	5:36	
26	Mon	5:49	8.4	5:53	9.1	11:37	2.3			7:05	5:35	
27	Tue	6:44	8.5	6:52	9.1	12:18	1.4	12:35	2.2	7:06	5:33	
28	Wed	7:36	8.8	7:47	9.2	1:10	1.3	1:31	2.0	7:08	5:32	
29	Thu	8:22	9.2	8:37	9.3	1:59	1.3	2:23	1.6	7:09	5:30	
30	Fri	9:04	9.6	9:23	9.5	2:44	1.1	3:10	1.1	7:10	5:29	
31	Sat	9:42	10.0	10:06	9.7	3:25	1.0	3:53	0.6	7:12	5:27	