

































Rockland, ME - Nov 2009

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 9:17 | 10.4 | 9:46 | 9.8 | 3:05 | 0.8 | 3:35 | 0.1 | 6:13 | 4:26 |  |
| 2 | Mon | 9:53 | 10.8 | 10:26 | 9.9 | 3:44 | 0.7 | 4:16 | -0.3 | 6:14 | 4:25 |  |
| 3 | Tue | 10:31 | 11.1 | 11:08 | 10.0 | 4:24 | 0.6 | 4:59 | -0.6 | 6:16 | 4:23 |  |
| 4 | Wed | 11:12 | 11.4 | 11:53 | 10.0 | 5:05 | 0.6 | 5:43 | -0.8 | 6:17 | 4:22 |  |
| 5 | Thu | 11:57 | 11.5 | | | 5:50 | 0.6 | 6:31 | -0.9 | 6:18 | 4:21 |  |
| 6 | Fri | 12:41 | 10.0 | 12:46 | 11.5 | 6:38 | 0.7 | 7:22 | -0.8 | 6:20 | 4:19 |  |
| 7 | Sat | 1:33 | 9.9 | 1:40 | 11.3 | 7:31 | 0.8 | 8:17 | -0.6 | 6:21 | 4:18 |  |
| 8 | Sun | 2:32 | 9.8 | 2:40 | 11.0 | 8:30 | 0.9 | 9:17 | -0.5 | 6:22 | 4:17 |  |
| 9 | Mon | 3:36 | 9.8 | 3:47 | 10.8 | 9:34 | 1.0 | 10:19 | -0.3 | 6:24 | 4:16 |  |
| 10 | Tue | 4:42 | 9.9 | 4:58 | 10.6 | 10:43 | 0.9 | 11:22 | -0.2 | 6:25 | 4:15 |  |
| 11 | Wed | 5:47 | 10.3 | 6:08 | 10.5 | 11:52 | 0.6 | | | 6:26 | 4:14 |  |
| 12 | Thu | 6:48 | 10.7 | 7:13 | 10.5 | 12:23 | -0.1 | 12:57 | 0.2 | 6:28 | 4:13 |  |
| 13 | Fri | 7:43 | 11.1 | 8:13 | 10.5 | 1:21 | -0.1 | 1:57 | -0.2 | 6:29 | 4:12 |  |
| 14 | Sat | 8:35 | 11.4 | 9:08 | 10.4 | 2:15 | 0.0 | 2:52 | -0.6 | 6:30 | 4:11 |  |
| 15 | Sun | 9:24 | 11.5 | 9:59 | 10.3 | 3:05 | 0.1 | 3:43 | -0.8 | 6:32 | 4:10 |  |
| 16 | Mon | 10:10 | 11.5 | 10:47 | 10.2 | 3:53 | 0.3 | 4:31 | -0.8 | 6:33 | 4:09 |  |
| 17 | Tue | 10:54 | 11.3 | 11:33 | 9.9 | 4:37 | 0.6 | 5:16 | -0.7 | 6:34 | 4:08 |  |
| 18 | Wed | 11:36 | 11.1 | | | 5:20 | 0.9 | 5:59 | -0.4 | 6:35 | 4:07 |  |
| 19 | Thu | 12:17 | 9.6 | 12:16 | 10.7 | 6:02 | 1.2 | 6:41 | -0.1 | 6:37 | 4:06 |  |
| 20 | Fri | 12:59 | 9.3 | 12:55 | 10.3 | 6:43 | 1.5 | 7:23 | 0.3 | 6:38 | 4:05 |  |
| 21 | Sat | 1:42 | 9.0 | 1:35 | 10.0 | 7:26 | 1.8 | 8:06 | 0.6 | 6:39 | 4:04 |  |
| 22 | Sun | 2:25 | 8.8 | 2:18 | 9.6 | 8:11 | 2.0 | 8:50 | 0.9 | 6:41 | 4:04 |  |
| 23 | Mon | 3:11 | 8.6 | 3:05 | 9.3 | 8:59 | 2.2 | 9:37 | 1.1 | 6:42 | 4:03 |  |
| 24 | Tue | 3:59 | 8.6 | 3:57 | 9.1 | 9:52 | 2.2 | 10:25 | 1.3 | 6:43 | 4:02 |  |
| 25 | Wed | 4:49 | 8.7 | 4:53 | 8.9 | 10:47 | 2.1 | 11:15 | 1.4 | 6:44 | 4:02 |  |
| 26 | Thu | 5:38 | 9.0 | 5:50 | 8.9 | 11:43 | 1.9 | | | 6:45 | 4:01 |  |
| 27 | Fri | 6:25 | 9.3 | 6:45 | 8.9 | 12:03 | 1.4 | 12:37 | 1.5 | 6:47 | 4:01 |  |
| 28 | Sat | 7:10 | 9.7 | 7:38 | 9.1 | 12:51 | 1.3 | 1:28 | 1.0 | 6:48 | 4:00 |  |
| 29 | Sun | 7:53 | 10.2 | 8:27 | 9.3 | 1:38 | 1.2 | 2:17 | 0.5 | 6:49 | 4:00 |  |
| 30 | Mon | 8:36 | 10.7 | 9:15 | 9.6 | 2:23 | 1.1 | 3:04 | 0.0 | 6:50 | 3:59 |  |