

































Rockland, ME - Dec 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:27	11.0	6:59	10.2	12:03	0.0	12:44	-0.1	6:51	3:59	
2	Thu	7:26	11.4	8:02	10.3	1:02	0.0	1:46	-0.6	6:52	3:59	
3	Fri	8:21	11.7	9:00	10.4	1:59	0.0	2:44	-0.9	6:53	3:58	
4	Sat	9:14	12.0	9:55	10.4	2:54	0.0	3:38	-1.2	6:54	3:58	
5	Sun	10:05	12.0	10:47	10.4	3:46	0.1	4:29	-1.3	6:55	3:58	
6	Mon	10:54	11.9	11:36	10.2	4:36	0.3	5:18	-1.2	6:56	3:58	
7	Tue	11:41	11.6			5:24	0.5	6:05	-0.9	6:57	3:58	
8	Wed	12:24	10.0	12:27	11.2	6:11	0.8	6:51	-0.6	6:58	3:58	
9	Thu	1:10	9.7	1:11	10.8	6:57	1.1	7:36	-0.2	6:59	3:58	
10	Fri	1:56	9.5	1:56	10.3	7:43	1.4	8:20	0.3	7:00	3:58	
11	Sat	2:42	9.3	2:42	9.8	8:31	1.6	9:05	0.7	7:01	3:58	
12	Sun	3:28	9.1	3:31	9.4	9:22	1.8	9:51	1.0	7:02	3:58	
13	Mon	4:16	9.1	4:24	9.0	10:15	1.9	10:39	1.3	7:03	3:58	
14	Tue	5:05	9.1	5:21	8.7	11:10	1.9	11:28	1.5	7:03	3:58	
15	Wed	5:54	9.2	6:18	8.6			12:05	1.7	7:04	3:58	
16	Thu	6:42	9.4	7:13	8.6	12:17	1.7	12:59	1.4	7:05	3:58	
17	Fri	7:28	9.7	8:04	8.7	1:06	1.7	1:50	1.1	7:05	3:59	
18	Sat	8:12	10.0	8:52	8.9	1:53	1.6	2:37	0.7	7:06	3:59	
19	Sun	8:54	10.4	9:36	9.1	2:39	1.5	3:22	0.3	7:07	3:59	
20	Mon	9:36	10.7	10:19	9.4	3:23	1.3	4:06	-0.1	7:07	4:00	
21	Tue	10:18	11.1	11:01	9.6	4:07	1.1	4:50	-0.5	7:08	4:00	
22	Wed	11:01	11.4	11:44	9.9	4:51	0.8	5:34	-0.7	7:08	4:01	
23	Thu	11:47	11.5			5:38	0.6	6:19	-0.9	7:09	4:01	
24	Fri	12:29	10.1	12:35	11.6	6:26	0.4	7:05	-1.0	7:09	4:02	
25	Sat	1:17	10.4	1:26	11.4	7:18	0.3	7:55	-0.9	7:09	4:03	
26	Sun	2:08	10.6	2:21	11.1	8:14	0.2	8:46	-0.7	7:10	4:03	
27	Mon	3:03	10.7	3:21	10.7	9:13	0.2	9:41	-0.4	7:10	4:04	
28	Tue	4:02	10.8	4:27	10.3	10:17	0.1	10:40	-0.1	7:10	4:05	
29	Wed	5:03	11.0	5:37	10.0	11:23	0.0	11:40	0.2	7:11	4:05	
30	Thu	6:06	11.1	6:45	9.8			12:29	-0.1	7:11	4:06	
31	Fri	7:08	11.3	7:49	9.8	12:42	0.4	1:32	-0.4	7:11	4:07	