

































Rockland, ME - Jul 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:48	9.4	11:46	11.0	5:35	-0.1	5:36	1.0	4:56	8:23	
2	Sat			12:28	9.7	6:16	-0.4	6:20	0.8	4:57	8:23	
3	Sun	12:28	11.2	1:09	10.0	6:58	-0.6	7:05	0.6	4:58	8:23	
4	Mon	1:12	11.3	1:52	10.2	7:42	-0.7	7:53	0.4	4:58	8:22	
5	Tue	2:00	11.3	2:39	10.5	8:28	-0.8	8:45	0.2	4:59	8:22	
6	Wed	2:51	11.1	3:29	10.7	9:16	-0.7	9:40	0.1	5:00	8:22	
7	Thu	3:46	10.8	4:23	10.9	10:07	-0.5	10:40	0.1	5:00	8:21	
8	Fri	4:47	10.4	5:22	11.0	11:03	-0.2	11:43	0.0	5:01	8:21	
9	Sat	5:53	10.1	6:24	11.2			12:01	0.1	5:02	8:21	
10	Sun	7:03	9.9	7:28	11.3	12:48	-0.2	1:03	0.3	5:02	8:20	
11	Mon	8:11	9.8	8:30	11.5	1:53	-0.4	2:05	0.4	5:03	8:20	
12	Tue	9:14	9.9	9:29	11.6	2:56	-0.6	3:05	0.4	5:04	8:19	
13	Wed	10:12	10.0	10:25	11.7	3:55	-0.8	4:03	0.4	5:05	8:18	
14	Thu	11:06	10.1	11:17	11.7	4:49	-0.9	4:56	0.4	5:06	8:18	
15	Fri	11:56	10.2			5:39	-0.9	5:47	0.4	5:07	8:17	
16	Sat	12:05	11.5	12:43	10.1	6:26	-0.8	6:34	0.5	5:08	8:16	
17	Sun	12:51	11.2	1:27	10.0	7:10	-0.5	7:19	0.7	5:08	8:16	
18	Mon	1:34	10.9	2:09	9.9	7:51	-0.2	8:02	0.9	5:09	8:15	
19	Tue	2:16	10.4	2:49	9.8	8:31	0.2	8:45	1.1	5:10	8:14	
20	Wed	2:56	10.0	3:29	9.6	9:10	0.6	9:30	1.3	5:11	8:13	
21	Thu	3:38	9.5	4:09	9.5	9:51	1.0	10:17	1.4	5:12	8:12	
22	Fri	4:24	9.1	4:52	9.4	10:34	1.3	11:07	1.5	5:13	8:12	
23	Sat	5:14	8.7	5:39	9.3	11:20	1.6			5:14	8:11	
24	Sun	6:10	8.5	6:30	9.4	12:01	1.6	12:10	1.8	5:15	8:10	
25	Mon	7:09	8.4	7:24	9.5	12:57	1.5	1:03	1.9	5:16	8:09	
26	Tue	8:08	8.4	8:16	9.8	1:52	1.3	1:56	1.9	5:17	8:08	
27	Wed	9:01	8.6	9:06	10.2	2:45	1.0	2:48	1.7	5:18	8:07	
28	Thu	9:50	8.9	9:53	10.6	3:35	0.6	3:37	1.4	5:19	8:05	
29	Fri	10:35	9.3	10:38	11.0	4:22	0.1	4:25	1.0	5:20	8:04	
30	Sat	11:18	9.8	11:23	11.4	5:06	-0.3	5:11	0.5	5:22	8:03	
31	Sun			12:00	10.3	5:49	-0.7	5:58	0.1	5:23	8:02	