

































## Rockland, ME - Mar 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:19	9.3	5:03	8.3	10:53	1.5	11:02	2.1	6:12	5:25	
2	Fri	5:16	9.3	6:06	8.3	11:51	1.4			6:10	5:26	
3	Sat	6:17	9.5	7:06	8.6	12:00	2.1	12:48	1.2	6:08	5:27	
4	Sun	7:15	9.8	7:58	9.0	12:57	1.8	1:42	0.8	6:06	5:29	
5	Mon	8:07	10.2	8:45	9.5	1:51	1.4	2:30	0.4	6:05	5:30	
6	Tue	8:56	10.7	9:28	10.1	2:41	0.8	3:16	-0.1	6:03	5:31	
7	Wed	9:42	11.1	10:10	10.7	3:29	0.2	4:00	-0.5	6:01	5:32	
8	Thu	10:28	11.5	10:53	11.3	4:16	-0.4	4:43	-0.8	5:59	5:34	
9	Fri	11:14	11.7	11:37	11.7	5:04	-0.9	5:28	-1.0	5:58	5:35	
10	Sat			12:02	11.6	5:52	-1.2	6:13	-1.0	5:56	5:36	
11	Sun	12:23	12.0	1:53	11.4	7:42	-1.4	8:02	-0.8	6:54	6:37	
12	Mon	2:12	12.0	2:47	11.1	8:35	-1.3	8:53	-0.4	6:52	6:39	
13	Tue	3:06	11.8	3:46	10.6	9:32	-1.0	9:49	0.0	6:50	6:40	
14	Wed	4:05	11.5	4:51	10.1	10:34	-0.7	10:51	0.4	6:49	6:41	
15	Thu	5:12	11.2	6:02	9.8	11:40	-0.4	11:58	0.7	6:47	6:42	
16	Fri	6:23	10.9	7:11	9.8			12:48	-0.2	6:45	6:44	
17	Sat	7:32	10.8	8:14	9.9	1:07	0.8	1:54	-0.1	6:43	6:45	
18	Sun	8:35	10.8	9:12	10.1	2:13	0.7	2:54	-0.1	6:41	6:46	
19	Mon	9:32	10.9	10:04	10.4	3:14	0.5	3:48	-0.2	6:40	6:47	
20	Tue	10:24	10.9	10:51	10.5	4:07	0.3	4:36	-0.2	6:38	6:49	
21	Wed	11:11	10.8	11:34	10.6	4:55	0.2	5:19	0.0	6:36	6:50	
22	Thu	11:54	10.6			5:38	0.1	5:58	0.2	6:34	6:51	
23	Fri	12:13	10.5	12:34	10.3	6:18	0.1	6:34	0.4	6:32	6:52	
24	Sat	12:49	10.4	1:11	10.0	6:55	0.2	7:08	0.7	6:30	6:54	
25	Sun	1:21	10.3	1:45	9.7	7:32	0.3	7:42	1.0	6:29	6:55	
26	Mon	1:51	10.1	2:19	9.4	8:09	0.5	8:18	1.3	6:27	6:56	
27	Tue	2:23	9.9	2:55	9.1	8:48	0.7	8:56	1.6	6:25	6:57	
28	Wed	3:00	9.7	3:36	8.8	9:30	1.0	9:39	1.8	6:23	6:58	
29	Thu	3:43	9.5	4:23	8.6	10:18	1.2	10:27	2.0	6:21	7:00	
30	Fri	4:33	9.4	5:17	8.5	11:10	1.3	11:22	2.1	6:19	7:01	
31	Sat	5:28	9.4	6:17	8.6			12:06	1.2	6:18	7:02	