

































Rockland, ME - Jul 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:15	10.2	9:31	12.0	3:00	-0.8	3:10	0.0	4:57	8:23	
2	Mon	10:16	10.4	10:29	12.3	3:59	-1.2	4:09	-0.1	4:57	8:23	
3	Tue	11:13	10.7	11:25	12.5	4:56	-1.6	5:05	-0.3	4:58	8:22	
4	Wed			12:08	10.9	5:50	-1.7	6:00	-0.4	4:59	8:22	
5	Thu	12:19	12.4	1:00	10.9	6:42	-1.7	6:54	-0.3	4:59	8:22	
6	Fri	1:11	12.1	1:51	10.9	7:32	-1.5	7:46	-0.1	5:00	8:22	
7	Sat	2:03	11.7	2:41	10.7	8:21	-1.1	8:39	0.1	5:01	8:21	
8	Sun	2:54	11.1	3:31	10.5	9:10	-0.6	9:31	0.4	5:02	8:21	
9	Mon	3:46	10.5	4:22	10.3	9:58	0.0	10:25	0.8	5:02	8:20	
10	Tue	4:40	9.9	5:13	10.0	10:47	0.5	11:20	1.0	5:03	8:20	
11	Wed	5:35	9.4	6:05	9.9	11:38	1.0			5:04	8:19	
12	Thu	6:33	9.0	6:57	9.8	12:16	1.2	12:29	1.4	5:05	8:19	
13	Fri	7:29	8.8	7:49	9.8	1:13	1.2	1:22	1.6	5:06	8:18	
14	Sat	8:24	8.7	8:39	9.9	2:07	1.1	2:13	1.7	5:06	8:17	
15	Sun	9:15	8.7	9:26	10.0	2:59	1.0	3:02	1.7	5:07	8:17	
16	Mon	10:03	8.8	10:09	10.2	3:46	0.8	3:48	1.6	5:08	8:16	
17	Tue	10:47	9.0	10:49	10.4	4:30	0.5	4:31	1.4	5:09	8:15	
18	Wed	11:27	9.2	11:26	10.5	5:11	0.3	5:12	1.3	5:10	8:14	
19	Thu			12:03	9.4	5:49	0.1	5:51	1.1	5:11	8:14	
20	Fri	12:01	10.7	12:37	9.6	6:26	-0.1	6:31	0.9	5:12	8:13	
21	Sat	12:38	10.8	1:12	9.9	7:03	-0.2	7:12	0.7	5:13	8:12	
22	Sun	1:16	10.8	1:49	10.1	7:42	-0.2	7:55	0.5	5:14	8:11	
23	Mon	1:59	10.8	2:31	10.4	8:23	-0.2	8:43	0.4	5:15	8:10	
24	Tue	2:46	10.6	3:17	10.6	9:07	-0.1	9:34	0.3	5:16	8:09	
25	Wed	3:37	10.4	4:08	10.8	9:56	0.0	10:31	0.2	5:17	8:08	
26	Thu	4:35	10.1	5:05	10.9	10:50	0.2	11:32	0.1	5:18	8:07	
27	Fri	5:39	9.8	6:07	11.0	11:49	0.4			5:19	8:06	
28	Sat	6:49	9.7	7:13	11.2	12:38	-0.1	12:52	0.5	5:20	8:05	
29	Sun	8:00	9.8	8:20	11.5	1:44	-0.3	1:56	0.4	5:21	8:03	
30	Mon	9:06	10.0	9:22	11.8	2:48	-0.7	2:59	0.3	5:22	8:02	
31	Tue	10:06	10.3	10:20	12.0	3:48	-1.0	3:59	0.0	5:23	8:01	