

































Rockland, ME - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:41	11.0	1:04	10.7	6:59	-0.3	7:17	-0.1	6:12	5:24	
2	Sat	1:25	11.1	1:52	10.5	7:47	-0.4	8:05	0.1	6:10	5:26	
3	Sun	2:14	11.1	2:47	10.2	8:41	-0.3	8:58	0.3	6:09	5:27	
4	Mon	3:09	11.0	3:48	9.9	9:40	-0.2	9:57	0.6	6:07	5:28	
5	Tue	4:11	10.9	4:59	9.7	10:45	-0.1	11:02	0.7	6:05	5:29	
6	Wed	5:21	10.9	6:13	9.8	11:53	-0.2			6:03	5:31	
7	Thu	6:34	11.0	7:21	10.0	12:11	0.7	12:59	-0.4	6:02	5:32	
8	Fri	7:41	11.3	8:22	10.5	1:18	0.4	2:02	-0.6	6:00	5:33	
9	Sat	8:42	11.5	9:17	10.9	2:20	0.0	2:58	-0.9	5:58	5:35	
10	Sun	10:37	11.7	11:08	11.2	4:17	-0.4	4:50	-1.0	6:56	6:36	
11	Mon	11:28	11.7	11:55	11.3	5:10	-0.6	5:38	-1.0	6:55	6:37	
12	Tue			12:16	11.5	5:59	-0.7	6:23	-0.8	6:53	6:38	
13	Wed	12:39	11.3	1:01	11.2	6:45	-0.7	7:05	-0.4	6:51	6:40	
14	Thu	1:21	11.2	1:45	10.7	7:29	-0.5	7:46	0.0	6:49	6:41	
15	Fri	2:02	10.9	2:28	10.2	8:12	-0.1	8:27	0.5	6:47	6:42	
16	Sat	2:42	10.5	3:11	9.7	8:56	0.2	9:09	1.0	6:45	6:43	
17	Sun	3:23	10.1	3:57	9.2	9:41	0.6	9:53	1.5	6:44	6:45	
18	Mon	4:07	9.7	4:47	8.8	10:30	1.0	10:42	1.8	6:42	6:46	
19	Tue	4:57	9.4	5:44	8.5	11:23	1.3	11:36	2.1	6:40	6:47	
20	Wed	5:54	9.3	6:43	8.4			12:20	1.4	6:38	6:48	
21	Thu	6:55	9.2	7:40	8.6	12:33	2.1	1:17	1.4	6:36	6:50	
22	Fri	7:52	9.4	8:33	8.8	1:31	2.0	2:11	1.2	6:35	6:51	
23	Sat	8:45	9.6	9:19	9.2	2:25	1.7	2:59	0.9	6:33	6:52	
24	Sun	9:31	9.9	10:00	9.7	3:14	1.3	3:44	0.6	6:31	6:53	
25	Mon	10:14	10.3	10:38	10.2	4:00	0.8	4:25	0.3	6:29	6:55	
26	Tue	10:55	10.6	11:15	10.6	4:43	0.3	5:05	0.0	6:27	6:56	
27	Wed	11:36	10.8	11:53	11.1	5:26	-0.2	5:45	-0.2	6:25	6:57	
28	Thu			12:17	10.9	6:09	-0.6	6:26	-0.3	6:24	6:58	
29	Fri	12:33	11.4	1:02	11.0	6:53	-0.9	7:10	-0.3	6:22	6:59	
30	Sat	1:17	11.6	1:49	10.9	7:41	-1.1	7:56	-0.2	6:20	7:01	
31	Sun	2:04	11.7	2:41	10.6	8:32	-1.0	8:47	0.0	6:18	7:02	