

































Rockland, ME - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:21	10.0	6:52	10.7	12:05	0.3	12:25	0.3	4:57	8:23	
2	Tue	7:22	9.6	7:47	10.6	1:06	0.5	1:21	0.7	4:57	8:23	
3	Wed	8:19	9.4	8:40	10.5	2:05	0.5	2:16	1.0	4:58	8:23	
4	Thu	9:13	9.3	9:29	10.5	3:00	0.5	3:07	1.2	4:59	8:22	
5	Fri	10:03	9.2	10:15	10.5	3:49	0.4	3:54	1.3	4:59	8:22	
6	Sat	10:50	9.2	10:58	10.5	4:35	0.3	4:38	1.3	5:00	8:22	
7	Sun	11:32	9.2	11:37	10.4	5:17	0.3	5:18	1.3	5:01	8:21	
8	Mon			12:12	9.2	5:55	0.3	5:56	1.3	5:01	8:21	
9	Tue	12:12	10.4	12:48	9.3	6:31	0.3	6:33	1.3	5:02	8:20	
10	Wed	12:44	10.3	1:20	9.3	7:06	0.3	7:10	1.3	5:03	8:20	
11	Thu	1:15	10.2	1:51	9.4	7:41	0.3	7:47	1.3	5:04	8:19	
12	Fri	1:49	10.1	2:23	9.5	8:16	0.4	8:28	1.3	5:04	8:19	
13	Sat	2:28	10.0	3:01	9.6	8:54	0.5	9:11	1.2	5:05	8:18	
14	Sun	3:11	9.9	3:43	9.8	9:35	0.5	9:59	1.1	5:06	8:17	
15	Mon	3:59	9.7	4:31	10.0	10:20	0.6	10:53	0.9	5:07	8:17	
16	Tue	4:53	9.6	5:24	10.3	11:11	0.7	11:51	0.7	5:08	8:16	
17	Wed	5:52	9.5	6:21	10.6			12:06	0.7	5:09	8:15	
18	Thu	6:57	9.5	7:22	11.0	12:53	0.3	1:06	0.6	5:10	8:15	
19	Fri	8:04	9.7	8:24	11.4	1:55	-0.1	2:07	0.4	5:11	8:14	
20	Sat	9:09	10.1	9:25	11.9	2:56	-0.7	3:07	0.1	5:12	8:13	
21	Sun	10:10	10.5	10:24	12.3	3:55	-1.2	4:06	-0.3	5:13	8:12	
22	Mon	11:07	10.9	11:21	12.6	4:51	-1.6	5:03	-0.6	5:14	8:11	
23	Tue			12:01	11.3	5:45	-1.9	5:58	-0.8	5:15	8:10	
24	Wed	12:16	12.7	12:54	11.5	6:37	-1.9	6:53	-0.9	5:16	8:09	
25	Thu	1:10	12.5	1:46	11.5	7:28	-1.8	7:47	-0.8	5:17	8:08	
26	Fri	2:03	12.1	2:38	11.4	8:19	-1.4	8:42	-0.6	5:18	8:07	
27	Sat	2:58	11.5	3:31	11.2	9:10	-0.9	9:37	-0.3	5:19	8:06	
28	Sun	3:53	10.8	4:25	10.9	10:01	-0.3	10:34	0.1	5:20	8:05	
29	Mon	4:51	10.2	5:20	10.6	10:55	0.3	11:33	0.5	5:21	8:04	
30	Tue	5:51	9.6	6:17	10.3	11:50	0.8			5:22	8:03	
31	Wed	6:50	9.2	7:13	10.1	12:33	0.7	12:46	1.2	5:23	8:01	