
































Rockland, ME - Nov 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:41	10.4	10:07	10.1	3:26	0.6	3:56	0.2	7:13	5:26	
2	Sat	10:20	10.9	10:50	10.3	4:09	0.4	4:40	-0.4	7:14	5:25	
3	Sun	10:01	11.4	10:34	10.5	3:52	0.2	4:25	-0.8	6:16	4:23	
4	Mon	10:43	11.7	11:20	10.7	4:35	0.0	5:10	-1.2	6:17	4:22	
5	Tue	11:29	12.0			5:21	-0.1	5:58	-1.4	6:18	4:21	
6	Wed	12:08	10.7	12:18	12.0	6:09	-0.1	6:49	-1.4	6:20	4:19	
7	Thu	1:00	10.6	1:10	11.9	7:01	0.0	7:42	-1.3	6:21	4:18	
8	Fri	1:56	10.5	2:08	11.6	7:57	0.2	8:40	-1.0	6:22	4:17	
9	Sat	2:58	10.4	3:11	11.2	8:59	0.4	9:41	-0.7	6:24	4:16	
10	Sun	4:04	10.4	4:21	10.9	10:05	0.5	10:44	-0.5	6:25	4:15	
11	Mon	5:10	10.5	5:32	10.7	11:13	0.4	11:47	-0.3	6:26	4:14	
12	Tue	6:13	10.7	6:38	10.6			12:20	0.2	6:28	4:13	
13	Wed	7:12	11.0	7:39	10.5	12:47	-0.2	1:23	-0.1	6:29	4:12	
14	Thu	8:07	11.2	8:36	10.5	1:44	-0.1	2:20	-0.4	6:30	4:11	
15	Fri	8:57	11.4	9:28	10.4	2:37	0.0	3:13	-0.5	6:32	4:10	
16	Sat	9:44	11.4	10:16	10.3	3:25	0.1	4:01	-0.6	6:33	4:09	
17	Sun	10:28	11.3	11:02	10.1	4:10	0.4	4:45	-0.6	6:34	4:08	
18	Mon	11:09	11.1	11:44	9.9	4:52	0.6	5:27	-0.4	6:36	4:07	
19	Tue	11:47	10.8			5:32	0.9	6:06	-0.2	6:37	4:06	
20	Wed	12:25	9.6	12:23	10.5	6:11	1.2	6:45	0.1	6:38	4:05	
21	Thu	1:04	9.3	12:58	10.2	6:50	1.5	7:24	0.4	6:39	4:04	
22	Fri	1:42	9.1	1:35	9.9	7:30	1.7	8:05	0.6	6:41	4:04	
23	Sat	2:22	8.9	2:16	9.6	8:14	1.9	8:49	0.9	6:42	4:03	
24	Sun	3:04	8.9	3:02	9.4	9:02	2.0	9:35	1.0	6:43	4:02	
25	Mon	3:51	8.9	3:54	9.2	9:54	2.0	10:23	1.2	6:44	4:02	
26	Tue	4:41	9.0	4:49	9.1	10:49	1.9	11:14	1.2	6:45	4:01	
27	Wed	5:32	9.3	5:47	9.1	11:45	1.6			6:47	4:01	
28	Thu	6:22	9.6	6:45	9.2	12:04	1.1	12:40	1.2	6:48	4:00	
29	Fri	7:11	10.1	7:40	9.5	12:55	1.0	1:32	0.6	6:49	4:00	
30	Sat	7:58	10.7	8:32	9.9	1:44	0.7	2:23	0.0	6:50	3:59	