

































Rockland, ME - Dec 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:45	11.3	9:23	10.2	2:33	0.4	3:13	-0.6	6:51	3:59	
2	Mon	9:33	11.8	10:13	10.5	3:21	0.1	4:02	-1.2	6:52	3:59	
3	Tue	10:22	12.2	11:03	10.8	4:10	-0.1	4:52	-1.6	6:53	3:58	
4	Wed	11:12	12.4	11:55	10.9	5:01	-0.3	5:42	-1.8	6:54	3:58	
5	Thu			12:04	12.5	5:53	-0.4	6:34	-1.8	6:55	3:58	
6	Fri	12:49	11.0	12:59	12.3	6:47	-0.4	7:28	-1.7	6:56	3:58	
7	Sat	1:45	11.0	1:57	11.9	7:45	-0.2	8:24	-1.4	6:57	3:58	
8	Sun	2:44	10.9	2:59	11.4	8:45	-0.1	9:22	-1.0	6:58	3:58	
9	Mon	3:46	10.9	4:06	10.9	9:50	0.1	10:22	-0.6	6:59	3:58	
10	Tue	4:48	10.9	5:13	10.5	10:56	0.2	11:22	-0.2	7:00	3:58	
11	Wed	5:50	10.9	6:18	10.2			12:02	0.2	7:01	3:58	
12	Thu	6:49	11.0	7:20	10.0	12:23	0.1	1:04	0.1	7:02	3:58	
13	Fri	7:44	11.0	8:16	9.9	1:20	0.4	2:02	-0.1	7:03	3:58	
14	Sat	8:35	11.1	9:09	9.8	2:14	0.6	2:55	-0.2	7:03	3:58	
15	Sun	9:23	11.0	9:57	9.7	3:03	0.7	3:43	-0.2	7:04	3:58	
16	Mon	10:07	10.9	10:42	9.7	3:49	0.9	4:26	-0.2	7:05	3:59	
17	Tue	10:48	10.8	11:24	9.5	4:30	1.0	5:07	-0.1	7:06	3:59	
18	Wed	11:25	10.6			5:09	1.2	5:44	0.0	7:06	3:59	
19	Thu	12:02	9.4	12:00	10.4	5:46	1.3	6:21	0.2	7:07	4:00	
20	Fri	12:38	9.3	12:32	10.2	6:23	1.4	6:56	0.3	7:07	4:00	
21	Sat	1:12	9.2	1:05	10.0	7:01	1.5	7:33	0.5	7:08	4:00	
22	Sun	1:45	9.2	1:42	9.8	7:41	1.6	8:11	0.7	7:08	4:01	
23	Mon	2:21	9.2	2:23	9.6	8:25	1.7	8:52	0.8	7:09	4:02	
24	Tue	3:02	9.2	3:10	9.4	9:12	1.7	9:36	1.0	7:09	4:02	
25	Wed	3:47	9.4	4:02	9.2	10:04	1.6	10:25	1.1	7:10	4:03	
26	Thu	4:37	9.6	4:58	9.1	11:00	1.4	11:16	1.1	7:10	4:03	
27	Fri	5:30	9.9	5:59	9.2	11:58	1.0			7:10	4:04	
28	Sat	6:26	10.4	7:01	9.4	12:11	1.0	12:56	0.5	7:10	4:05	
29	Sun	7:21	10.9	8:02	9.7	1:06	0.8	1:53	-0.1	7:11	4:06	
30	Mon	8:17	11.5	8:59	10.1	2:02	0.5	2:48	-0.7	7:11	4:06	
31	Tue	9:11	12.0	9:56	10.7	2:56	0.1	3:42	-1.3	7:11	4:07	