

































## Rockland, ME - May 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:07	10.0	6:53	9.7	12:02	1.4	12:39	0.3	5:26	7:40	
2	Mon	7:11	10.3	7:53	10.3	1:05	1.0	1:37	0.0	5:25	7:41	
3	Tue	8:15	10.6	8:50	11.0	2:06	0.3	2:34	-0.3	5:23	7:42	
4	Wed	9:16	11.0	9:44	11.6	3:04	-0.4	3:28	-0.7	5:22	7:43	
5	Thu	10:14	11.4	10:36	12.2	4:00	-1.1	4:21	-1.0	5:21	7:45	
6	Fri	11:10	11.6	11:28	12.6	4:55	-1.7	5:13	-1.1	5:19	7:46	
7	Sat			12:04	11.7	5:48	-2.0	6:05	-1.1	5:18	7:47	
8	Sun	12:19	12.7	12:59	11.6	6:42	-2.2	6:57	-0.9	5:17	7:48	
9	Mon	1:12	12.6	1:54	11.3	7:35	-2.0	7:51	-0.6	5:16	7:49	
10	Tue	2:06	12.3	2:50	11.0	8:30	-1.7	8:46	-0.1	5:14	7:50	
11	Wed	3:02	11.8	3:49	10.6	9:26	-1.2	9:44	0.3	5:13	7:51	
12	Thu	4:01	11.2	4:49	10.2	10:23	-0.7	10:44	0.8	5:12	7:53	
13	Fri	5:03	10.7	5:49	10.0	11:22	-0.2	11:47	1.0	5:11	7:54	
14	Sat	6:05	10.2	6:47	9.9			12:21	0.2	5:10	7:55	
15	Sun	7:06	9.9	7:42	9.9	12:49	1.1	1:18	0.5	5:09	7:56	
16	Mon	8:03	9.8	8:33	10.0	1:48	1.1	2:11	0.7	5:08	7:57	
17	Tue	8:55	9.7	9:21	10.1	2:41	1.0	3:00	0.8	5:07	7:58	
18	Wed	9:44	9.6	10:04	10.2	3:30	0.8	3:44	0.9	5:06	7:59	
19	Thu	10:29	9.6	10:44	10.3	4:14	0.6	4:25	1.0	5:05	8:00	
20	Fri	11:11	9.6	11:20	10.3	4:55	0.4	5:03	1.0	5:04	8:01	
21	Sat	11:50	9.5	11:53	10.3	5:33	0.3	5:39	1.1	5:03	8:02	
22	Sun			12:26	9.4	6:10	0.2	6:15	1.2	5:02	8:03	
23	Mon	12:23	10.3	12:59	9.4	6:46	0.2	6:50	1.3	5:01	8:04	
24	Tue	12:54	10.3	1:33	9.3	7:23	0.2	7:28	1.4	5:00	8:05	
25	Wed	1:30	10.4	2:09	9.3	8:02	0.2	8:08	1.4	5:00	8:06	
26	Thu	2:10	10.3	2:51	9.4	8:44	0.2	8:53	1.4	4:59	8:07	
27	Fri	2:55	10.3	3:38	9.4	9:29	0.2	9:43	1.4	4:58	8:08	
28	Sat	3:45	10.3	4:30	9.6	10:19	0.2	10:39	1.3	4:57	8:09	
29	Sun	4:41	10.2	5:26	9.9	11:13	0.1	11:39	1.0	4:57	8:10	
30	Mon	5:42	10.2	6:26	10.3			12:10	0.0	4:56	8:11	
31	Tue	6:47	10.3	7:26	10.8	12:41	0.6	1:08	-0.1	4:56	8:12	