

































Rockland, ME - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:32	10.5	10:47	11.9	4:15	-1.0	4:26	0.0	5:25	8:00	
2	Tue	11:25	10.6	11:38	11.9	5:07	-1.1	5:19	-0.1	5:26	7:59	
3	Wed			12:14	10.6	5:57	-1.1	6:08	0.0	5:27	7:57	
4	Thu	12:26	11.7	1:00	10.6	6:43	-0.9	6:55	0.1	5:28	7:56	
5	Fri	1:12	11.3	1:44	10.4	7:26	-0.6	7:39	0.3	5:29	7:55	
6	Sat	1:55	10.9	2:27	10.2	8:08	-0.2	8:24	0.6	5:30	7:53	
7	Sun	2:38	10.4	3:08	9.9	8:49	0.2	9:08	0.9	5:31	7:52	
8	Mon	3:21	9.9	3:50	9.7	9:31	0.6	9:54	1.1	5:32	7:51	
9	Tue	4:05	9.4	4:33	9.5	10:14	1.1	10:43	1.3	5:34	7:49	
10	Wed	4:54	9.0	5:20	9.4	11:00	1.4	11:36	1.5	5:35	7:48	
11	Thu	5:49	8.7	6:12	9.3	11:50	1.7			5:36	7:46	
12	Fri	6:47	8.6	7:06	9.4	12:31	1.5	12:43	1.8	5:37	7:45	
13	Sat	7:45	8.6	7:59	9.6	1:27	1.3	1:37	1.8	5:38	7:43	
14	Sun	8:39	8.8	8:49	9.9	2:21	1.1	2:29	1.6	5:39	7:42	
15	Mon	9:28	9.0	9:35	10.3	3:11	0.7	3:18	1.3	5:40	7:40	
16	Tue	10:13	9.4	10:19	10.7	3:57	0.3	4:04	1.0	5:42	7:39	
17	Wed	10:54	9.8	11:01	11.1	4:41	-0.1	4:49	0.6	5:43	7:37	
18	Thu	11:34	10.2	11:43	11.4	5:24	-0.5	5:33	0.2	5:44	7:35	
19	Fri			12:15	10.6	6:06	-0.8	6:19	-0.2	5:45	7:34	
20	Sat	12:27	11.6	12:58	11.0	6:49	-1.0	7:06	-0.5	5:46	7:32	
21	Sun	1:14	11.6	1:43	11.3	7:34	-1.0	7:55	-0.7	5:47	7:31	
22	Mon	2:03	11.5	2:31	11.4	8:21	-0.9	8:48	-0.7	5:48	7:29	
23	Tue	2:56	11.2	3:24	11.4	9:12	-0.6	9:45	-0.6	5:50	7:27	
24	Wed	3:54	10.8	4:22	11.3	10:07	-0.3	10:46	-0.5	5:51	7:26	
25	Thu	4:59	10.4	5:26	11.2	11:07	0.1	11:51	-0.4	5:52	7:24	
26	Fri	6:10	10.1	6:35	11.1			12:11	0.3	5:53	7:22	
27	Sat	7:20	10.0	7:42	11.2	12:58	-0.3	1:16	0.4	5:54	7:20	
28	Sun	8:25	10.1	8:45	11.3	2:04	-0.4	2:21	0.4	5:55	7:19	
29	Mon	9:24	10.3	9:42	11.4	3:05	-0.5	3:21	0.3	5:56	7:17	
30	Tue	10:18	10.4	10:35	11.4	4:00	-0.7	4:15	0.1	5:58	7:15	
31	Wed	11:07	10.6	11:23	11.4	4:51	-0.7	5:05	0.0	5:59	7:13	