

































## Rockland, ME - Oct 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:07	10.5	5:51	0.1	6:11	0.1	6:34	6:16	
2	Sun	12:27	10.4	12:43	10.4	6:27	0.4	6:48	0.2	6:36	6:15	
3	Mon	1:04	10.1	1:15	10.2	7:02	0.7	7:24	0.4	6:37	6:13	
4	Tue	1:38	9.7	1:44	10.0	7:36	1.0	8:01	0.6	6:38	6:11	
5	Wed	2:11	9.4	2:16	9.8	8:12	1.3	8:40	0.8	6:39	6:09	
6	Thu	2:47	9.2	2:53	9.6	8:51	1.6	9:22	1.0	6:40	6:07	
7	Fri	3:28	8.9	3:36	9.5	9:34	1.8	10:10	1.1	6:42	6:06	
8	Sat	4:16	8.7	4:25	9.4	10:23	2.0	11:02	1.2	6:43	6:04	
9	Sun	5:10	8.6	5:21	9.4	11:17	2.1	11:58	1.2	6:44	6:02	
10	Mon	6:10	8.7	6:21	9.5			12:15	1.9	6:45	6:00	
11	Tue	7:10	9.0	7:22	9.8	12:55	0.9	1:14	1.6	6:46	5:59	
12	Wed	8:06	9.6	8:20	10.2	1:50	0.6	2:11	1.0	6:48	5:57	
13	Thu	8:57	10.2	9:15	10.8	2:42	0.1	3:05	0.3	6:49	5:55	
14	Fri	9:45	10.9	10:07	11.2	3:32	-0.4	3:56	-0.4	6:50	5:53	
15	Sat	10:33	11.5	10:58	11.6	4:21	-0.8	4:47	-1.1	6:51	5:52	
16	Sun	11:20	12.1	11:49	11.8	5:09	-1.1	5:37	-1.6	6:53	5:50	
17	Mon			12:08	12.5	5:57	-1.2	6:28	-1.9	6:54	5:48	
18	Tue	12:41	11.8	12:58	12.6	6:47	-1.1	7:21	-2.0	6:55	5:47	
19	Wed	1:35	11.6	1:50	12.5	7:38	-0.9	8:15	-1.8	6:56	5:45	
20	Thu	2:32	11.2	2:46	12.1	8:33	-0.5	9:13	-1.5	6:58	5:43	
21	Fri	3:32	10.8	3:48	11.6	9:31	0.0	10:14	-1.0	6:59	5:42	
22	Sat	4:37	10.5	4:54	11.2	10:34	0.4	11:17	-0.6	7:00	5:40	
23	Sun	5:43	10.2	6:02	10.8	11:41	0.7			7:02	5:39	
24	Mon	6:48	10.1	7:08	10.6	12:22	-0.3	12:48	0.8	7:03	5:37	
25	Tue	7:48	10.2	8:08	10.5	1:25	-0.1	1:52	0.7	7:04	5:36	
26	Wed	8:43	10.3	9:04	10.4	2:22	0.0	2:49	0.5	7:06	5:34	
27	Thu	9:33	10.5	9:55	10.3	3:15	0.1	3:41	0.4	7:07	5:33	
28	Fri	10:18	10.6	10:41	10.2	4:01	0.2	4:27	0.2	7:08	5:31	
29	Sat	11:00	10.6	11:24	10.1	4:43	0.4	5:09	0.2	7:09	5:30	
30	Sun	11:38	10.5			5:21	0.6	5:47	0.2	7:11	5:28	
31	Mon	12:03	9.9	12:12	10.4	5:57	0.8	6:23	0.2	7:12	5:27	