

































Rockland, ME - Jan 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:33	9.5	12:31	10.6	6:29	1.2	7:03	-0.1	7:11	4:08	
2	Mon	1:10	9.6	1:13	10.6	7:11	1.1	7:44	-0.1	7:11	4:09	
3	Tue	1:52	9.7	1:59	10.5	7:57	1.0	8:29	0.0	7:11	4:10	
4	Wed	2:38	9.9	2:51	10.4	8:48	0.9	9:18	0.0	7:11	4:11	
5	Thu	3:30	10.1	3:47	10.2	9:45	0.8	10:12	0.1	7:11	4:12	
6	Fri	4:26	10.4	4:50	10.0	10:47	0.6	11:10	0.2	7:11	4:13	
7	Sat	5:27	10.7	5:59	10.0	11:51	0.2			7:10	4:14	
8	Sun	6:30	11.1	7:08	10.1	12:10	0.2	12:56	-0.3	7:10	4:15	
9	Mon	7:33	11.6	8:14	10.4	1:12	0.1	1:58	-0.8	7:10	4:17	
10	Tue	8:32	12.0	9:15	10.7	2:11	-0.1	2:57	-1.2	7:10	4:18	
11	Wed	9:29	12.3	10:11	10.9	3:09	-0.3	3:53	-1.6	7:09	4:19	
12	Thu	10:24	12.5	11:05	11.0	4:05	-0.4	4:47	-1.8	7:09	4:20	
13	Fri	11:16	12.5	11:56	11.0	4:58	-0.5	5:38	-1.8	7:08	4:21	
14	Sat			12:07	12.2	5:50	-0.4	6:28	-1.5	7:08	4:22	
15	Sun	12:47	10.9	12:57	11.8	6:41	-0.2	7:16	-1.2	7:07	4:24	
16	Mon	1:36	10.7	1:48	11.2	7:32	0.1	8:04	-0.7	7:07	4:25	
17	Tue	2:26	10.4	2:38	10.6	8:23	0.5	8:52	-0.1	7:06	4:26	
18	Wed	3:16	10.2	3:31	10.0	9:16	0.8	9:41	0.5	7:06	4:27	
19	Thu	4:07	9.9	4:26	9.5	10:11	1.1	10:32	0.9	7:05	4:29	
20	Fri	4:59	9.7	5:24	9.1	11:07	1.3	11:24	1.3	7:04	4:30	
21	Sat	5:53	9.6	6:22	8.8			12:04	1.4	7:03	4:31	
22	Sun	6:45	9.7	7:17	8.8	12:17	1.5	1:00	1.3	7:03	4:33	
23	Mon	7:35	9.8	8:09	8.8	1:09	1.6	1:52	1.0	7:02	4:34	
24	Tue	8:22	10.0	8:57	9.0	1:58	1.6	2:40	0.8	7:01	4:35	
25	Wed	9:06	10.2	9:41	9.2	2:44	1.5	3:24	0.5	7:00	4:37	
26	Thu	9:46	10.4	10:21	9.4	3:27	1.3	4:05	0.2	6:59	4:38	
27	Fri	10:22	10.6	10:58	9.6	4:08	1.1	4:44	0.0	6:58	4:39	
28	Sat	10:57	10.8	11:32	9.8	4:47	0.9	5:21	-0.2	6:57	4:41	
29	Sun	11:33	11.0			5:26	0.7	5:59	-0.4	6:56	4:42	
30	Mon	12:07	10.0	12:12	11.0	6:07	0.5	6:38	-0.5	6:55	4:43	
31	Tue	12:45	10.2	12:55	11.0	6:50	0.4	7:20	-0.5	6:54	4:45	