
































Rockland, ME - Nov 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:42	9.9	5:56	10.7	11:43	0.9			7:13	5:26	
2	Fri	6:51	10.1	7:09	10.8	12:26	-0.3	12:52	0.7	7:14	5:25	
3	Sat	7:55	10.5	8:16	10.9	1:30	-0.4	1:58	0.3	7:15	5:24	
4	Sun	7:53	11.0	8:17	11.1	1:30	-0.6	1:59	-0.2	6:17	4:22	
5	Mon	8:47	11.4	9:12	11.2	2:25	-0.7	2:56	-0.7	6:18	4:21	
6	Tue	9:36	11.7	10:04	11.1	3:17	-0.7	3:48	-0.9	6:19	4:20	
7	Wed	10:23	11.8	10:53	11.0	4:05	-0.5	4:37	-1.1	6:21	4:18	
8	Thu	11:08	11.7	11:40	10.6	4:51	-0.2	5:23	-1.0	6:22	4:17	
9	Fri	11:50	11.4			5:34	0.1	6:07	-0.7	6:23	4:16	
10	Sat	12:26	10.3	12:31	11.0	6:17	0.6	6:51	-0.4	6:25	4:15	
11	Sun	1:10	9.8	1:12	10.6	7:00	1.0	7:35	0.0	6:26	4:14	
12	Mon	1:56	9.4	1:54	10.1	7:43	1.5	8:20	0.4	6:27	4:13	
13	Tue	2:42	9.1	2:39	9.7	8:30	1.8	9:08	0.8	6:29	4:12	
14	Wed	3:33	8.8	3:29	9.4	9:20	2.1	9:58	1.0	6:30	4:11	
15	Thu	4:26	8.7	4:25	9.2	10:15	2.2	10:51	1.2	6:31	4:10	
16	Fri	5:20	8.7	5:24	9.1	11:12	2.2	11:44	1.2	6:33	4:09	
17	Sat	6:12	8.9	6:21	9.1			12:08	1.9	6:34	4:08	
18	Sun	7:01	9.3	7:14	9.3	12:34	1.1	1:01	1.6	6:35	4:07	
19	Mon	7:45	9.7	8:02	9.5	1:22	1.0	1:50	1.1	6:37	4:06	
20	Tue	8:25	10.1	8:47	9.7	2:06	0.8	2:36	0.6	6:38	4:05	
21	Wed	9:03	10.6	9:30	10.0	2:49	0.6	3:20	0.1	6:39	4:05	
22	Thu	9:41	11.0	10:12	10.2	3:30	0.4	4:03	-0.4	6:40	4:04	
23	Fri	10:21	11.4	10:56	10.4	4:12	0.3	4:47	-0.8	6:42	4:03	
24	Sat	11:03	11.7	11:42	10.5	4:55	0.2	5:32	-1.1	6:43	4:02	
25	Sun	11:49	11.9			5:41	0.1	6:20	-1.3	6:44	4:02	
26	Mon	12:30	10.5	12:38	11.9	6:30	0.2	7:11	-1.3	6:45	4:01	
27	Tue	1:23	10.4	1:31	11.7	7:23	0.3	8:05	-1.1	6:46	4:01	
28	Wed	2:21	10.3	2:30	11.4	8:21	0.4	9:03	-0.9	6:48	4:00	
29	Thu	3:23	10.3	3:35	11.1	9:24	0.6	10:05	-0.7	6:49	4:00	
30	Fri	4:29	10.4	4:45	10.8	10:31	0.6	11:07	-0.5	6:50	3:59	