

































## Rockland, ME - Dec 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:35	10.5	5:56	10.6	11:39	0.4			6:51	3:59	
2	Sun	6:37	10.8	7:01	10.6	12:10	-0.4	12:45	0.1	6:52	3:59	
3	Mon	7:34	11.1	8:02	10.5	1:09	-0.3	1:46	-0.2	6:53	3:58	
4	Tue	8:27	11.4	8:57	10.5	2:05	-0.2	2:42	-0.5	6:54	3:58	
5	Wed	9:17	11.5	9:49	10.4	2:57	0.0	3:34	-0.7	6:55	3:58	
6	Thu	10:04	11.5	10:37	10.3	3:45	0.2	4:21	-0.7	6:56	3:58	
7	Fri	10:47	11.3	11:23	10.1	4:30	0.4	5:06	-0.6	6:57	3:58	
8	Sat	11:28	11.1			5:12	0.7	5:48	-0.4	6:58	3:58	
9	Sun	12:06	9.8	12:07	10.8	5:53	1.0	6:28	-0.2	6:59	3:58	
10	Mon	12:47	9.5	12:44	10.4	6:32	1.3	7:08	0.1	7:00	3:58	
11	Tue	1:28	9.3	1:20	10.1	7:13	1.6	7:48	0.4	7:01	3:58	
12	Wed	2:08	9.0	1:59	9.8	7:55	1.8	8:30	0.7	7:02	3:58	
13	Thu	2:49	8.9	2:42	9.5	8:40	2.0	9:15	0.9	7:03	3:58	
14	Fri	3:34	8.8	3:31	9.3	9:30	2.1	10:02	1.1	7:03	3:58	
15	Sat	4:22	8.9	4:24	9.1	10:23	2.0	10:51	1.2	7:04	3:58	
16	Sun	5:12	9.1	5:20	9.0	11:19	1.9	11:41	1.2	7:05	3:58	
17	Mon	6:01	9.4	6:18	9.1			12:14	1.5	7:05	3:59	
18	Tue	6:50	9.8	7:14	9.2	12:31	1.1	1:07	1.1	7:06	3:59	
19	Wed	7:36	10.2	8:07	9.5	1:20	1.0	1:59	0.5	7:07	3:59	
20	Thu	8:22	10.8	8:57	9.8	2:08	0.7	2:48	-0.1	7:07	4:00	
21	Fri	9:08	11.3	9:47	10.2	2:56	0.5	3:36	-0.7	7:08	4:00	
22	Sat	9:55	11.8	10:36	10.5	3:44	0.2	4:25	-1.2	7:08	4:01	
23	Sun	10:43	12.2	11:26	10.7	4:33	0.0	5:14	-1.5	7:09	4:01	
24	Mon	11:33	12.3			5:23	-0.2	6:04	-1.7	7:09	4:02	
25	Tue	12:17	10.8	12:26	12.3	6:15	-0.3	6:56	-1.7	7:09	4:03	
26	Wed	1:11	10.9	1:21	12.1	7:10	-0.2	7:50	-1.6	7:10	4:03	
27	Thu	2:08	10.9	2:20	11.7	8:08	-0.1	8:46	-1.2	7:10	4:04	
28	Fri	3:07	10.8	3:23	11.3	9:09	0.0	9:45	-0.9	7:10	4:05	
29	Sat	4:09	10.8	4:30	10.8	10:14	0.2	10:45	-0.5	7:11	4:06	
30	Sun	5:12	10.9	5:38	10.4	11:21	0.2	11:46	-0.1	7:11	4:06	
31	Mon	6:13	10.9	6:43	10.1			12:26	0.1	7:11	4:07	