

## Rockland, ME - Jan 2019

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:11	11.0	7:43	10.0	12:46	0.2	1:28	0.0	7:11	4:08	☾
2	Wed	8:06	11.1	8:39	9.9	1:42	0.4	2:25	-0.1	7:11	4:09	☾
3	Thu	8:56	11.1	9:31	9.8	2:35	0.6	3:17	-0.2	7:11	4:10	☾
4	Fri	9:43	11.1	10:19	9.7	3:24	0.8	4:04	-0.2	7:11	4:11	☾
5	Sat	10:27	10.9	11:03	9.6	4:09	1.0	4:48	-0.2	7:11	4:12	☾
6	Sun	11:08	10.8	11:45	9.4	4:50	1.1	5:28	-0.1	7:11	4:13	☾
7	Mon	11:45	10.6			5:29	1.3	6:06	0.1	7:10	4:14	☾
8	Tue	12:23	9.3	12:19	10.4	6:07	1.4	6:42	0.3	7:10	4:15	☾
9	Wed	12:59	9.2	12:52	10.1	6:44	1.5	7:18	0.4	7:10	4:16	☾
10	Thu	1:33	9.1	1:27	9.9	7:23	1.6	7:56	0.6	7:10	4:17	☾
11	Fri	2:07	9.0	2:05	9.7	8:04	1.7	8:35	0.8	7:09	4:18	☾
12	Sat	2:45	9.0	2:49	9.4	8:49	1.8	9:17	1.0	7:09	4:19	☾
13	Sun	3:27	9.1	3:37	9.2	9:38	1.8	10:02	1.2	7:09	4:21	☾
14	Mon	4:14	9.3	4:31	9.0	10:32	1.6	10:52	1.3	7:08	4:22	☾
15	Tue	5:04	9.5	5:30	9.0	11:29	1.4	11:44	1.3	7:08	4:23	☾
16	Wed	5:58	9.8	6:31	9.0			12:27	1.0	7:07	4:24	☾
17	Thu	6:53	10.3	7:33	9.3	12:39	1.2	1:24	0.4	7:06	4:25	☾
18	Fri	7:48	10.8	8:32	9.7	1:34	1.0	2:20	-0.2	7:06	4:27	☾
19	Sat	8:42	11.4	9:27	10.1	2:28	0.6	3:14	-0.8	7:05	4:28	☾
20	Sun	9:36	12.0	10:20	10.5	3:22	0.2	4:07	-1.4	7:04	4:29	☾
21	Mon	10:29	12.4	11:12	10.9	4:15	-0.2	4:58	-1.8	7:04	4:31	☾
22	Tue	11:22	12.6			5:08	-0.5	5:50	-2.0	7:03	4:32	☾
23	Wed	12:04	11.2	12:15	12.6	6:02	-0.7	6:41	-2.0	7:02	4:33	☾
24	Thu	12:57	11.3	1:10	12.4	6:57	-0.7	7:33	-1.7	7:01	4:35	☾
25	Fri	1:51	11.4	2:07	11.9	7:53	-0.6	8:26	-1.3	7:00	4:36	☾
26	Sat	2:47	11.3	3:07	11.3	8:52	-0.4	9:22	-0.8	7:00	4:37	☾
27	Sun	3:45	11.1	4:10	10.6	9:54	-0.1	10:19	-0.2	6:59	4:39	☾
28	Mon	4:45	10.9	5:15	10.1	10:58	0.1	11:19	0.3	6:58	4:40	☾
29	Tue	5:45	10.8	6:20	9.7			12:03	0.2	6:57	4:41	☾
30	Wed	6:45	10.7	7:21	9.5	12:19	0.7	1:05	0.3	6:56	4:43	☾
31	Thu	7:41	10.6	8:18	9.4	1:18	1.0	2:03	0.3	6:55	4:44	☾