

































## Rockland, ME - May 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:33	9.6	9:58	9.7	3:17	1.3	3:39	0.9	5:27	7:39	
2	Thu	10:16	9.7	10:35	10.0	4:01	1.0	4:18	0.8	5:26	7:40	
3	Fri	10:56	9.8	11:09	10.3	4:42	0.6	4:55	0.7	5:24	7:41	
4	Sat	11:33	9.9	11:40	10.5	5:21	0.3	5:32	0.7	5:23	7:42	
5	Sun			12:09	9.9	5:59	0.0	6:08	0.7	5:22	7:44	
6	Mon	12:14	10.7	12:46	9.9	6:38	-0.2	6:47	0.8	5:20	7:45	
7	Tue	12:51	10.9	1:27	9.9	7:20	-0.4	7:28	0.8	5:19	7:46	
8	Wed	1:33	11.0	2:13	9.8	8:04	-0.5	8:14	0.9	5:18	7:47	
9	Thu	2:19	11.0	3:03	9.8	8:54	-0.4	9:05	1.0	5:16	7:48	
10	Fri	3:11	10.9	4:00	9.7	9:48	-0.4	10:02	1.1	5:15	7:49	
11	Sat	4:09	10.8	5:03	9.7	10:46	-0.3	11:05	1.1	5:14	7:51	
12	Sun	5:14	10.7	6:11	9.9	11:49	-0.3			5:13	7:52	
13	Mon	6:24	10.6	7:16	10.3	12:12	0.9	12:52	-0.3	5:12	7:53	
14	Tue	7:35	10.7	8:17	10.8	1:19	0.5	1:53	-0.5	5:10	7:54	
15	Wed	8:40	10.9	9:13	11.3	2:23	0.0	2:50	-0.6	5:09	7:55	
16	Thu	9:39	11.0	10:06	11.7	3:23	-0.5	3:45	-0.6	5:08	7:56	
17	Fri	10:35	11.1	10:55	11.9	4:19	-0.9	4:36	-0.5	5:07	7:57	
18	Sat	11:28	11.0	11:43	11.9	5:11	-1.2	5:25	-0.4	5:06	7:58	
19	Sun			12:18	10.8	6:00	-1.2	6:12	-0.1	5:05	7:59	
20	Mon	12:28	11.8	1:06	10.5	6:48	-1.1	6:58	0.3	5:04	8:01	
21	Tue	1:13	11.4	1:54	10.1	7:35	-0.8	7:43	0.8	5:03	8:02	
22	Wed	1:57	11.0	2:42	9.7	8:21	-0.4	8:29	1.2	5:03	8:03	
23	Thu	2:42	10.5	3:30	9.3	9:07	0.0	9:16	1.6	5:02	8:04	
24	Fri	3:29	10.1	4:20	9.0	9:55	0.4	10:06	1.9	5:01	8:05	
25	Sat	4:18	9.7	5:11	8.9	10:45	0.8	11:00	2.1	5:00	8:06	
26	Sun	5:12	9.4	6:04	8.8	11:36	1.0	11:55	2.1	4:59	8:07	
27	Mon	6:08	9.2	6:55	9.0			12:27	1.2	4:59	8:07	
28	Tue	7:05	9.1	7:44	9.2	12:51	2.0	1:17	1.2	4:58	8:08	
29	Wed	7:58	9.1	8:30	9.5	1:45	1.7	2:05	1.2	4:57	8:09	
30	Thu	8:49	9.2	9:11	9.8	2:35	1.3	2:50	1.1	4:57	8:10	
31	Fri	9:35	9.4	9:50	10.2	3:22	0.9	3:33	1.0	4:56	8:11	