

## Rockland, ME - Jan 2020

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:11	9.0	3:10	9.5	9:02	1.8	9:34	1.0	7:11	4:08	🌑
2	Thu	3:57	9.0	4:01	9.1	9:54	1.9	10:20	1.3	7:11	4:09	🌑
3	Fri	4:45	9.0	4:55	8.8	10:48	1.9	11:09	1.5	7:11	4:10	🌑
4	Sat	5:34	9.1	5:53	8.7	11:43	1.8	11:59	1.6	7:11	4:11	🌑
5	Sun	6:23	9.3	6:50	8.7			12:38	1.5	7:11	4:12	🌑
6	Mon	7:10	9.6	7:44	8.8	12:48	1.6	1:30	1.2	7:11	4:13	🌑
7	Tue	7:55	10.0	8:34	9.0	1:37	1.6	2:20	0.7	7:11	4:14	🌑
8	Wed	8:39	10.4	9:21	9.2	2:24	1.4	3:07	0.3	7:10	4:15	🌑
9	Thu	9:22	10.8	10:05	9.5	3:10	1.2	3:52	-0.2	7:10	4:16	🌑
10	Fri	10:06	11.2	10:49	9.8	3:55	0.9	4:37	-0.6	7:10	4:17	🌑
11	Sat	10:50	11.6	11:34	10.1	4:40	0.6	5:22	-1.0	7:09	4:18	🌑
12	Sun	11:37	11.8			5:27	0.4	6:08	-1.2	7:09	4:19	🌑
13	Mon	12:20	10.4	12:25	11.9	6:16	0.2	6:56	-1.3	7:09	4:20	🌑
14	Tue	1:08	10.6	1:17	11.8	7:08	0.1	7:46	-1.2	7:08	4:21	🌑
15	Wed	2:00	10.7	2:12	11.5	8:03	0.0	8:38	-1.0	7:08	4:23	🌑
16	Thu	2:55	10.8	3:11	11.0	9:02	0.0	9:33	-0.6	7:07	4:24	🌑
17	Fri	3:53	10.9	4:16	10.6	10:05	0.1	10:31	-0.3	7:07	4:25	🌑
18	Sat	4:55	10.9	5:25	10.2	11:10	0.1	11:31	0.1	7:06	4:26	🌑
19	Sun	5:58	11.0	6:34	9.9			12:17	0.0	7:05	4:28	🌑
20	Mon	6:59	11.1	7:39	9.8	12:33	0.4	1:21	-0.2	7:05	4:29	🌑
21	Tue	7:58	11.3	8:38	9.8	1:34	0.6	2:22	-0.4	7:04	4:30	🌑
22	Wed	8:53	11.3	9:33	9.9	2:31	0.6	3:17	-0.5	7:03	4:32	🌑
23	Thu	9:45	11.3	10:24	9.9	3:25	0.7	4:08	-0.6	7:02	4:33	🌑
24	Fri	10:32	11.3	11:10	9.8	4:14	0.7	4:54	-0.5	7:02	4:34	🌑
25	Sat	11:17	11.1	11:53	9.7	4:59	0.8	5:37	-0.3	7:01	4:36	🌑
26	Sun	11:58	10.8			5:41	1.0	6:17	-0.1	7:00	4:37	🌑
27	Mon	12:34	9.6	12:36	10.5	6:21	1.1	6:55	0.1	6:59	4:38	🌑
28	Tue	1:12	9.5	1:12	10.2	7:01	1.2	7:31	0.4	6:58	4:40	🌑
29	Wed	1:47	9.3	1:48	9.9	7:41	1.4	8:09	0.7	6:57	4:41	🌑
30	Thu	2:22	9.3	2:27	9.5	8:23	1.5	8:48	1.0	6:56	4:42	🌑
31	Fri	3:00	9.2	3:10	9.1	9:08	1.6	9:30	1.3	6:55	4:44	🌑