

































## Rockland, ME - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:13	10.2	8:37	11.5	1:58	-0.3	2:14	0.0	4:57	8:23	
2	Thu	9:16	10.3	9:34	11.8	2:59	-0.7	3:11	0.1	4:58	8:23	
3	Fri	10:14	10.3	10:28	11.9	3:57	-1.0	4:07	0.1	4:58	8:22	
4	Sat	11:10	10.3	11:20	11.9	4:52	-1.2	5:00	0.2	4:59	8:22	
5	Sun			12:02	10.3	5:44	-1.2	5:51	0.3	4:59	8:22	
6	Mon	12:09	11.8	12:52	10.2	6:34	-1.1	6:40	0.5	5:00	8:22	
7	Tue	12:57	11.5	1:40	10.0	7:21	-0.8	7:28	0.8	5:01	8:21	
8	Wed	1:44	11.1	2:26	9.8	8:07	-0.5	8:15	1.0	5:02	8:21	
9	Thu	2:30	10.7	3:12	9.6	8:52	-0.1	9:02	1.3	5:02	8:20	
10	Fri	3:15	10.2	3:58	9.4	9:36	0.3	9:50	1.5	5:03	8:20	
11	Sat	4:01	9.7	4:43	9.3	10:20	0.7	10:40	1.7	5:04	8:19	
12	Sun	4:51	9.3	5:30	9.2	11:06	1.1	11:32	1.7	5:05	8:19	
13	Mon	5:43	9.0	6:18	9.2	11:53	1.4			5:06	8:18	
14	Tue	6:39	8.7	7:07	9.3	12:27	1.7	12:42	1.6	5:06	8:17	
15	Wed	7:35	8.6	7:55	9.5	1:21	1.5	1:31	1.7	5:07	8:17	
16	Thu	8:29	8.6	8:41	9.8	2:14	1.3	2:20	1.7	5:08	8:16	
17	Fri	9:20	8.8	9:26	10.1	3:04	1.0	3:08	1.6	5:09	8:15	
18	Sat	10:07	8.9	10:09	10.4	3:52	0.6	3:54	1.5	5:10	8:14	
19	Sun	10:51	9.2	10:51	10.7	4:37	0.2	4:38	1.3	5:11	8:13	
20	Mon	11:33	9.4	11:33	11.1	5:21	-0.1	5:23	1.0	5:12	8:13	
21	Tue			12:15	9.7	6:04	-0.5	6:07	0.7	5:13	8:12	
22	Wed	12:17	11.3	12:58	10.0	6:48	-0.7	6:54	0.5	5:14	8:11	
23	Thu	1:03	11.5	1:43	10.3	7:33	-0.9	7:43	0.3	5:15	8:10	
24	Fri	1:51	11.5	2:31	10.5	8:19	-0.9	8:35	0.1	5:16	8:09	
25	Sat	2:43	11.4	3:22	10.7	9:08	-0.8	9:30	0.0	5:17	8:08	
26	Sun	3:38	11.0	4:17	10.9	10:00	-0.6	10:30	0.0	5:18	8:07	
27	Mon	4:39	10.7	5:15	11.0	10:56	-0.3	11:33	0.0	5:19	8:06	
28	Tue	5:45	10.3	6:17	11.1	11:54	0.0			5:20	8:05	
29	Wed	6:54	10.0	7:21	11.2	12:39	-0.1	12:56	0.3	5:21	8:03	
30	Thu	8:02	9.9	8:23	11.3	1:44	-0.3	1:58	0.5	5:22	8:02	
31	Fri	9:05	9.9	9:21	11.4	2:47	-0.5	2:58	0.5	5:24	8:01	