

































Rockland, ME - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:38	10.2	2:12	9.4	8:05	0.4	8:13	1.3	5:24	8:00	
2	Tue	2:16	10.1	2:48	9.5	8:41	0.5	8:56	1.2	5:25	7:59	
3	Wed	2:58	9.9	3:29	9.7	9:21	0.6	9:43	1.1	5:26	7:58	
4	Thu	3:45	9.7	4:15	10.0	10:04	0.7	10:35	0.9	5:27	7:57	
5	Fri	4:38	9.5	5:06	10.2	10:53	0.9	11:33	0.7	5:29	7:55	
6	Sat	5:37	9.3	6:02	10.4	11:48	1.0			5:30	7:54	
7	Sun	6:43	9.2	7:04	10.7	12:36	0.4	12:48	1.1	5:31	7:53	
8	Mon	7:52	9.3	8:08	11.1	1:40	0.1	1:50	0.9	5:32	7:51	
9	Tue	8:59	9.6	9:12	11.6	2:44	-0.4	2:53	0.7	5:33	7:50	
10	Wed	10:02	10.0	10:13	12.0	3:45	-0.9	3:54	0.3	5:34	7:48	
11	Thu	10:59	10.4	11:10	12.3	4:42	-1.3	4:51	-0.1	5:35	7:47	
12	Fri	11:53	10.8			5:36	-1.6	5:47	-0.4	5:36	7:45	
13	Sat	12:05	12.4	12:44	11.0	6:28	-1.6	6:41	-0.6	5:38	7:44	
14	Sun	12:58	12.2	1:34	11.1	7:18	-1.5	7:34	-0.5	5:39	7:42	
15	Mon	1:50	11.9	2:24	11.1	8:07	-1.1	8:27	-0.4	5:40	7:41	
16	Tue	2:42	11.3	3:13	10.9	8:55	-0.6	9:20	-0.1	5:41	7:39	
17	Wed	3:36	10.6	4:04	10.6	9:44	0.0	10:15	0.3	5:42	7:38	
18	Thu	4:31	9.9	4:56	10.2	10:34	0.7	11:12	0.7	5:43	7:36	
19	Fri	5:30	9.3	5:51	9.9	11:27	1.3			5:44	7:35	
20	Sat	6:30	8.9	6:48	9.7	12:11	0.9	12:23	1.7	5:46	7:33	
21	Sun	7:30	8.6	7:44	9.6	1:10	1.1	1:20	2.0	5:47	7:31	
22	Mon	8:26	8.6	8:38	9.7	2:08	1.1	2:16	2.0	5:48	7:30	
23	Tue	9:19	8.7	9:28	9.9	3:02	1.0	3:07	1.9	5:49	7:28	
24	Wed	10:06	8.8	10:13	10.0	3:50	0.8	3:54	1.7	5:50	7:26	
25	Thu	10:49	9.0	10:54	10.2	4:34	0.6	4:37	1.5	5:51	7:25	
26	Fri	11:28	9.2	11:31	10.3	5:13	0.5	5:16	1.3	5:52	7:23	
27	Sat			12:03	9.4	5:49	0.3	5:53	1.1	5:54	7:21	
28	Sun	12:05	10.4	12:34	9.6	6:23	0.3	6:30	0.9	5:55	7:19	
29	Mon	12:38	10.4	1:04	9.8	6:57	0.2	7:07	0.7	5:56	7:18	
30	Tue	1:13	10.4	1:36	10.0	7:31	0.3	7:47	0.6	5:57	7:16	
31	Wed	1:51	10.3	2:13	10.2	8:08	0.4	8:30	0.4	5:58	7:14	