

































## Rockland, ME - Sep 2022

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu | 2:34  | 10.1 | 2:55  | 10.4 | 8:48  | 0.6  | 9:18  | 0.4  | 5:59  | 7:12 |    |
| 2    | Fri | 3:22  | 9.8  | 3:43  | 10.4 | 9:34  | 0.8  | 10:11 | 0.4  | 6:00  | 7:11 |    |
| 3    | Sat | 4:17  | 9.5  | 4:37  | 10.5 | 10:26 | 1.0  | 11:12 | 0.3  | 6:02  | 7:09 |    |
| 4    | Sun | 5:20  | 9.2  | 5:39  | 10.5 | 11:25 | 1.2  |       |      | 6:03  | 7:07 |    |
| 5    | Mon | 6:30  | 9.2  | 6:47  | 10.7 | 12:17 | 0.2  | 12:31 | 1.3  | 6:04  | 7:05 |    |
| 6    | Tue | 7:44  | 9.3  | 7:58  | 11.0 | 1:25  | 0.0  | 1:38  | 1.1  | 6:05  | 7:03 |    |
| 7    | Wed | 8:51  | 9.7  | 9:05  | 11.4 | 2:31  | -0.4 | 2:44  | 0.7  | 6:06  | 7:02 |    |
| 8    | Thu | 9:51  | 10.2 | 10:05 | 11.8 | 3:32  | -0.8 | 3:45  | 0.2  | 6:07  | 7:00 |    |
| 9    | Fri | 10:45 | 10.7 | 11:00 | 12.0 | 4:27  | -1.1 | 4:42  | -0.3 | 6:08  | 6:58 |    |
| 10   | Sat | 11:35 | 11.1 | 11:52 | 12.0 | 5:19  | -1.3 | 5:35  | -0.6 | 6:10  | 6:56 |    |
| 11   | Sun |       |      | 12:23 | 11.3 | 6:07  | -1.2 | 6:26  | -0.8 | 6:11  | 6:54 |    |
| 12   | Mon | 12:42 | 11.7 | 1:09  | 11.3 | 6:53  | -1.0 | 7:15  | -0.7 | 6:12  | 6:52 |   |
| 13   | Tue | 1:31  | 11.3 | 1:53  | 11.1 | 7:38  | -0.5 | 8:03  | -0.5 | 6:13  | 6:51 |  |
| 14   | Wed | 2:19  | 10.7 | 2:38  | 10.8 | 8:22  | 0.1  | 8:51  | -0.1 | 6:14  | 6:49 |  |
| 15   | Thu | 3:08  | 10.1 | 3:24  | 10.4 | 9:08  | 0.7  | 9:41  | 0.3  | 6:15  | 6:47 |  |
| 16   | Fri | 3:59  | 9.4  | 4:12  | 9.9  | 9:55  | 1.3  | 10:34 | 0.8  | 6:16  | 6:45 |  |
| 17   | Sat | 4:55  | 8.9  | 5:05  | 9.6  | 10:46 | 1.8  | 11:31 | 1.1  | 6:18  | 6:43 |  |
| 18   | Sun | 5:54  | 8.5  | 6:04  | 9.3  | 11:42 | 2.2  |       |      | 6:19  | 6:41 |  |
| 19   | Mon | 6:54  | 8.4  | 7:05  | 9.2  | 12:30 | 1.3  | 12:42 | 2.3  | 6:20  | 6:39 |  |
| 20   | Tue | 7:52  | 8.4  | 8:02  | 9.4  | 1:29  | 1.3  | 1:40  | 2.3  | 6:21  | 6:38 |  |
| 21   | Wed | 8:44  | 8.6  | 8:54  | 9.6  | 2:24  | 1.2  | 2:34  | 2.0  | 6:22  | 6:36 |  |
| 22   | Thu | 9:31  | 8.9  | 9:40  | 9.9  | 3:13  | 1.0  | 3:22  | 1.7  | 6:23  | 6:34 |  |
| 23   | Fri | 10:13 | 9.2  | 10:22 | 10.1 | 3:56  | 0.7  | 4:06  | 1.3  | 6:24  | 6:32 |  |
| 24   | Sat | 10:51 | 9.6  | 11:00 | 10.3 | 4:35  | 0.5  | 4:46  | 0.9  | 6:26  | 6:30 |  |
| 25   | Sun | 11:24 | 9.9  | 11:35 | 10.4 | 5:12  | 0.3  | 5:24  | 0.6  | 6:27  | 6:28 |  |
| 26   | Mon | 11:55 | 10.2 |       |      | 5:47  | 0.2  | 6:03  | 0.2  | 6:28  | 6:26 |  |
| 27   | Tue | 12:11 | 10.5 | 12:28 | 10.5 | 6:22  | 0.2  | 6:42  | 0.0  | 6:29  | 6:25 |  |
| 28   | Wed | 12:48 | 10.4 | 1:03  | 10.8 | 6:58  | 0.2  | 7:23  | -0.2 | 6:30  | 6:23 |  |
| 29   | Thu | 1:30  | 10.3 | 1:43  | 10.9 | 7:38  | 0.4  | 8:08  | -0.3 | 6:31  | 6:21 |  |
| 30   | Fri | 2:15  | 10.1 | 2:29  | 10.9 | 8:21  | 0.6  | 8:58  | -0.3 | 6:33  | 6:19 |  |