

















## Rockland, ME - Oct 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:06	9.8	3:20	10.9	9:11	0.9	9:54	-0.1	6:34	6:17	
2	Sun	4:05	9.5	4:18	10.7	10:07	1.2	10:57	0.0	6:35	6:15	
3	Mon	5:12	9.3	5:25	10.6	11:11	1.3			6:36	6:14	
4	Tue	6:26	9.3	6:39	10.6	12:05	0.0	12:21	1.3	6:37	6:12	
5	Wed	7:37	9.6	7:52	10.8	1:13	-0.1	1:31	1.0	6:39	6:10	
6	Thu	8:40	10.0	8:57	11.1	2:18	-0.3	2:37	0.6	6:40	6:08	
7	Fri	9:36	10.5	9:55	11.3	3:16	-0.6	3:37	0.0	6:41	6:06	
8	Sat	10:27	11.0	10:48	11.4	4:09	-0.8	4:31	-0.4	6:42	6:05	
9	Sun	11:15	11.3	11:38	11.3	4:58	-0.8	5:22	-0.7	6:43	6:03	
10	Mon	11:59	11.4			5:44	-0.6	6:09	-0.8	6:45	6:01	
11	Tue	12:25	11.0	12:42	11.3	6:27	-0.3	6:54	-0.7	6:46	5:59	
12	Wed	1:11	10.6	1:22	11.0	7:09	0.2	7:38	-0.4	6:47	5:58	
13	Thu	1:55	10.1	2:02	10.6	7:50	0.8	8:23	0.0	6:48	5:56	
14	Fri	2:40	9.6	2:43	10.2	8:32	1.3	9:08	0.4	6:50	5:54	
15	Sat	3:27	9.1	3:27	9.8	9:17	1.8	9:57	0.8	6:51	5:52	
16	Sun	4:18	8.6	4:16	9.4	10:06	2.2	10:50	1.2	6:52	5:51	
17	Mon	5:15	8.4	5:14	9.1	11:00	2.5	11:46	1.4	6:53	5:49	
18	Tue	6:14	8.3	6:16	9.0	11:59	2.5			6:55	5:47	
19	Wed	7:11	8.4	7:16	9.1	12:44	1.4	12:59	2.4	6:56	5:46	
20	Thu	8:03	8.7	8:11	9.3	1:39	1.3	1:54	2.1	6:57	5:44	
21	Fri	8:50	9.0	8:59	9.6	2:28	1.1	2:45	1.6	6:58	5:43	
22	Sat	9:31	9.5	9:43	9.9	3:12	0.8	3:30	1.1	7:00	5:41	
23	Sun	10:08	10.0	10:24	10.1	3:52	0.6	4:13	0.6	7:01	5:39	
24	Mon	10:42	10.4	11:04	10.3	4:31	0.4	4:54	0.1	7:02	5:38	
25	Tue	11:17	10.9	11:44	10.4	5:09	0.3	5:35	-0.4	7:04	5:36	
26	Wed	11:55	11.2			5:48	0.2	6:18	-0.7	7:05	5:35	
27	Thu	12:27	10.4	12:35	11.5	6:29	0.2	7:03	-0.9	7:06	5:33	
28	Fri	1:12	10.3	1:20	11.5	7:13	0.4	7:51	-0.9	7:08	5:32	
29	Sat	2:01	10.2	2:09	11.5	8:01	0.6	8:44	-0.8	7:09	5:30	
30	Sun	2:56	9.9	3:05	11.2	8:55	0.8	9:42	-0.6	7:10	5:29	
31	Mon	3:58	9.7	4:07	11.0	9:55	1.1	10:46	-0.4	7:11	5:28	