






























Rockland, ME - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:49	10.2	8:30	8.8	1:27	1.7	2:15	0.7	6:53	4:46	
2	Thu	8:41	10.2	9:20	8.9	2:20	1.7	3:06	0.6	6:52	4:47	
3	Fri	9:28	10.2	10:05	9.0	3:09	1.7	3:51	0.5	6:51	4:48	
4	Sat	10:10	10.3	10:46	9.0	3:52	1.6	4:32	0.4	6:50	4:50	
5	Sun	10:49	10.3	11:24	9.1	4:32	1.5	5:09	0.4	6:49	4:51	
6	Mon	11:24	10.3	11:57	9.2	5:09	1.4	5:43	0.4	6:47	4:53	
7	Tue	11:55	10.2			5:44	1.3	6:16	0.4	6:46	4:54	
8	Wed	12:27	9.3	12:26	10.1	6:20	1.3	6:48	0.5	6:45	4:55	
9	Thu	12:55	9.4	1:00	10.0	6:56	1.2	7:21	0.6	6:44	4:57	
10	Fri	1:27	9.5	1:38	9.8	7:35	1.2	7:57	0.8	6:42	4:58	
11	Sat	2:03	9.6	2:21	9.5	8:18	1.1	8:37	1.0	6:41	4:59	
12	Sun	2:45	9.8	3:09	9.3	9:06	1.1	9:22	1.3	6:39	5:01	
13	Mon	3:33	9.9	4:05	9.0	10:01	1.0	10:14	1.5	6:38	5:02	
14	Tue	4:27	10.0	5:08	8.8	11:02	0.8	11:13	1.5	6:37	5:04	
15	Wed	5:28	10.2	6:18	8.9			12:08	0.5	6:35	5:05	
16	Thu	6:34	10.6	7:29	9.2	12:17	1.4	1:14	0.1	6:34	5:06	
17	Fri	7:40	11.1	8:33	9.7	1:22	1.1	2:16	-0.4	6:32	5:08	
18	Sat	8:44	11.6	9:31	10.2	2:25	0.6	3:15	-1.0	6:31	5:09	
19	Sun	9:42	12.1	10:24	10.8	3:24	0.1	4:09	-1.4	6:29	5:10	
20	Mon	10:37	12.4	11:15	11.2	4:20	-0.4	5:00	-1.7	6:27	5:12	
21	Tue	11:30	12.5			5:14	-0.8	5:49	-1.7	6:26	5:13	
22	Wed	12:04	11.5	12:22	12.2	6:06	-1.0	6:37	-1.5	6:24	5:14	
23	Thu	12:53	11.6	1:14	11.7	6:59	-0.9	7:25	-1.0	6:23	5:16	
24	Fri	1:42	11.5	2:06	11.0	7:52	-0.7	8:13	-0.4	6:21	5:17	
25	Sat	2:31	11.2	3:02	10.3	8:46	-0.3	9:04	0.4	6:19	5:18	
26	Sun	3:24	10.7	4:00	9.6	9:42	0.2	9:57	1.0	6:18	5:20	
27	Mon	4:20	10.3	5:02	9.0	10:42	0.6	10:55	1.6	6:16	5:21	
28	Tue	5:20	9.9	6:05	8.6	11:45	0.9	11:56	2.0	6:14	5:22	