
































## Rockland, ME - Apr 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:37	9.4	9:15	8.8	2:17	2.1	2:57	1.2	6:17	7:03	
2	Sun	9:26	9.6	9:59	9.1	3:08	1.8	3:42	1.0	6:15	7:04	
3	Mon	10:10	9.8	10:38	9.5	3:54	1.5	4:22	0.8	6:13	7:05	
4	Tue	10:50	10.0	11:12	9.8	4:35	1.1	4:58	0.7	6:12	7:06	
5	Wed	11:27	10.0	11:43	10.0	5:14	0.8	5:33	0.6	6:10	7:07	
6	Thu			12:01	10.1	5:51	0.4	6:06	0.6	6:08	7:09	
7	Fri	12:13	10.3	12:36	10.0	6:28	0.2	6:40	0.7	6:06	7:10	
8	Sat	12:45	10.5	1:13	10.0	7:06	0.0	7:17	0.8	6:05	7:11	
9	Sun	1:21	10.7	1:54	9.8	7:47	-0.1	7:57	0.9	6:03	7:12	
10	Mon	2:03	10.7	2:41	9.6	8:33	-0.1	8:42	1.1	6:01	7:14	
11	Tue	2:50	10.7	3:34	9.4	9:24	0.0	9:34	1.3	5:59	7:15	
12	Wed	3:44	10.6	4:34	9.2	10:22	0.1	10:34	1.5	5:58	7:16	
13	Thu	4:45	10.5	5:43	9.1	11:26	0.1	11:41	1.5	5:56	7:17	
14	Fri	5:55	10.5	6:56	9.4			12:33	0.1	5:54	7:18	
15	Sat	7:09	10.6	8:02	9.8	12:52	1.2	1:39	-0.1	5:52	7:20	
16	Sun	8:18	10.8	9:01	10.4	2:00	0.8	2:40	-0.4	5:51	7:21	
17	Mon	9:20	11.1	9:55	11.0	3:03	0.2	3:35	-0.6	5:49	7:22	
18	Tue	10:17	11.3	10:44	11.4	4:00	-0.4	4:26	-0.8	5:47	7:23	
19	Wed	11:10	11.3	11:31	11.7	4:54	-0.8	5:15	-0.7	5:46	7:24	
20	Thu			12:00	11.2	5:44	-1.1	6:00	-0.4	5:44	7:26	
21	Fri	12:16	11.7	12:48	10.8	6:32	-1.1	6:45	0.0	5:42	7:27	
22	Sat	1:00	11.5	1:35	10.4	7:18	-0.9	7:29	0.5	5:41	7:28	
23	Sun	1:42	11.2	2:23	9.9	8:05	-0.5	8:13	1.0	5:39	7:29	
24	Mon	2:26	10.7	3:11	9.4	8:51	-0.1	8:59	1.5	5:38	7:31	
25	Tue	3:11	10.2	4:02	8.9	9:40	0.4	9:48	1.9	5:36	7:32	
26	Wed	4:01	9.7	4:56	8.6	10:32	0.9	10:41	2.3	5:35	7:33	
27	Thu	4:56	9.4	5:53	8.4	11:27	1.2	11:39	2.4	5:33	7:34	
28	Fri	5:56	9.1	6:50	8.4			12:23	1.3	5:32	7:35	
29	Sat	6:56	9.1	7:43	8.6	12:38	2.4	1:18	1.4	5:30	7:37	
30	Sun	7:52	9.2	8:31	8.9	1:35	2.2	2:08	1.3	5:29	7:38	