

































## Rockland, ME - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:11	10.1	11:19	12.2	4:58	-1.1	5:04	0.2	5:24	8:01	
2	Wed			12:04	10.6	5:50	-1.5	5:58	-0.2	5:25	7:59	
3	Thu	12:14	12.4	12:55	10.9	6:41	-1.7	6:53	-0.5	5:26	7:58	
4	Fri	1:07	12.4	1:47	11.2	7:32	-1.7	7:48	-0.7	5:27	7:57	
5	Sat	2:02	12.1	2:39	11.3	8:22	-1.4	8:44	-0.6	5:28	7:56	
6	Sun	2:58	11.6	3:33	11.3	9:14	-1.0	9:42	-0.5	5:29	7:54	
7	Mon	3:57	11.0	4:28	11.1	10:07	-0.4	10:43	-0.2	5:30	7:53	
8	Tue	4:59	10.3	5:26	10.9	11:03	0.2	11:45	0.1	5:32	7:52	
9	Wed	6:03	9.7	6:27	10.7			12:01	0.8	5:33	7:50	
10	Thu	7:07	9.3	7:27	10.5	12:49	0.3	1:02	1.2	5:34	7:49	
11	Fri	8:09	9.1	8:25	10.4	1:52	0.4	2:02	1.5	5:35	7:47	
12	Sat	9:07	9.0	9:19	10.4	2:51	0.4	2:59	1.6	5:36	7:46	
13	Sun	9:59	9.0	10:09	10.4	3:45	0.4	3:50	1.5	5:37	7:44	
14	Mon	10:47	9.1	10:54	10.4	4:33	0.4	4:37	1.5	5:38	7:43	
15	Tue	11:30	9.2	11:35	10.4	5:16	0.4	5:18	1.4	5:40	7:41	
16	Wed			12:09	9.2	5:54	0.4	5:56	1.3	5:41	7:40	
17	Thu	12:12	10.3	12:44	9.3	6:30	0.4	6:32	1.3	5:42	7:38	
18	Fri	12:46	10.2	1:15	9.3	7:03	0.5	7:08	1.2	5:43	7:37	
19	Sat	1:17	10.1	1:43	9.4	7:35	0.6	7:44	1.2	5:44	7:35	
20	Sun	1:48	9.9	2:13	9.5	8:07	0.8	8:21	1.2	5:45	7:33	
21	Mon	2:24	9.6	2:46	9.5	8:41	1.0	9:02	1.2	5:46	7:32	
22	Tue	3:04	9.4	3:25	9.6	9:19	1.2	9:47	1.2	5:48	7:30	
23	Wed	3:50	9.1	4:10	9.7	10:01	1.5	10:38	1.1	5:49	7:28	
24	Thu	4:42	8.8	5:01	9.8	10:50	1.7	11:36	1.1	5:50	7:27	
25	Fri	5:41	8.7	5:59	9.9	11:46	1.8			5:51	7:25	
26	Sat	6:47	8.7	7:02	10.2	12:39	0.8	12:48	1.7	5:52	7:23	
27	Sun	7:56	8.9	8:08	10.7	1:43	0.5	1:52	1.4	5:53	7:22	
28	Mon	9:00	9.4	9:11	11.3	2:45	-0.1	2:54	0.9	5:54	7:20	
29	Tue	9:59	10.0	10:11	11.8	3:44	-0.6	3:53	0.3	5:56	7:18	
30	Wed	10:53	10.6	11:06	12.2	4:38	-1.1	4:50	-0.3	5:57	7:16	
31	Thu	11:44	11.1			5:29	-1.5	5:44	-0.8	5:58	7:15	