

































Rockland, ME - Oct 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:37	11.8	12:57	12.0	6:42	-1.0	7:12	-1.5	6:34	6:18	
2	Mon	1:28	11.3	1:44	11.8	7:30	-0.5	8:03	-1.2	6:35	6:16	
3	Tue	2:20	10.8	2:33	11.4	8:18	0.1	8:55	-0.7	6:36	6:14	
4	Wed	3:14	10.1	3:24	10.9	9:09	0.7	9:50	-0.2	6:37	6:12	
5	Thu	4:11	9.5	4:21	10.3	10:03	1.3	10:48	0.4	6:38	6:10	
6	Fri	5:12	9.0	5:22	9.8	11:01	1.8	11:50	0.8	6:40	6:09	
7	Sat	6:14	8.7	6:25	9.6			12:04	2.1	6:41	6:07	
8	Sun	7:14	8.7	7:26	9.5	12:51	1.0	1:06	2.1	6:42	6:05	
9	Mon	8:09	8.8	8:22	9.6	1:49	1.1	2:04	2.0	6:43	6:03	
10	Tue	8:59	9.0	9:11	9.7	2:41	1.0	2:55	1.7	6:44	6:01	
11	Wed	9:43	9.3	9:56	9.8	3:26	0.9	3:41	1.4	6:46	6:00	
12	Thu	10:23	9.6	10:37	9.9	4:06	0.8	4:22	1.0	6:47	5:58	
13	Fri	10:58	9.8	11:14	9.9	4:43	0.7	5:01	0.7	6:48	5:56	
14	Sat	11:29	10.0	11:48	9.9	5:17	0.7	5:37	0.5	6:49	5:55	
15	Sun	11:58	10.2			5:50	0.8	6:12	0.3	6:51	5:53	
16	Mon	12:21	9.8	12:27	10.3	6:22	0.9	6:49	0.2	6:52	5:51	
17	Tue	12:56	9.7	1:00	10.4	6:57	1.1	7:27	0.1	6:53	5:49	
18	Wed	1:34	9.5	1:39	10.5	7:34	1.2	8:10	0.1	6:54	5:48	
19	Thu	2:17	9.3	2:23	10.4	8:17	1.4	8:58	0.2	6:56	5:46	
20	Fri	3:06	9.1	3:14	10.4	9:06	1.6	9:52	0.3	6:57	5:45	
21	Sat	4:02	9.0	4:12	10.3	10:02	1.7	10:53	0.3	6:58	5:43	
22	Sun	5:07	9.0	5:17	10.2	11:07	1.7	11:58	0.3	6:59	5:41	
23	Mon	6:18	9.2	6:29	10.4			12:16	1.5	7:01	5:40	
24	Tue	7:26	9.6	7:40	10.6	1:03	0.1	1:25	1.0	7:02	5:38	
25	Wed	8:27	10.3	8:45	10.9	2:05	-0.3	2:29	0.3	7:03	5:37	
26	Thu	9:21	10.9	9:44	11.2	3:01	-0.5	3:28	-0.3	7:05	5:35	
27	Fri	10:12	11.5	10:39	11.3	3:54	-0.7	4:23	-0.9	7:06	5:34	
28	Sat	11:00	11.9	11:31	11.3	4:44	-0.8	5:15	-1.3	7:07	5:32	
29	Sun	11:47	12.1			5:31	-0.6	6:05	-1.5	7:09	5:31	
30	Mon	12:22	11.0	12:33	12.0	6:18	-0.3	6:54	-1.3	7:10	5:29	
31	Tue	1:11	10.7	1:19	11.6	7:05	0.2	7:43	-1.0	7:11	5:28	