

































Rockland, ME - Dec 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:29	9.3	1:26	10.4	7:13	1.5	7:55	0.2	6:51	3:59	
2	Sat	2:17	9.0	2:12	10.0	8:00	1.8	8:42	0.6	6:52	3:59	
3	Sun	3:05	8.8	3:01	9.6	8:50	2.1	9:30	0.9	6:53	3:58	
4	Mon	3:55	8.7	3:53	9.2	9:43	2.2	10:20	1.2	6:54	3:58	
5	Tue	4:46	8.7	4:49	9.0	10:38	2.3	11:10	1.3	6:55	3:58	
6	Wed	5:37	8.8	5:45	8.9	11:35	2.1	11:59	1.4	6:56	3:58	
7	Thu	6:25	9.1	6:40	8.8			12:29	1.8	6:57	3:58	
8	Fri	7:09	9.4	7:32	8.9	12:46	1.4	1:20	1.4	6:58	3:58	
9	Sat	7:51	9.8	8:20	9.0	1:31	1.4	2:08	1.0	6:59	3:58	
10	Sun	8:31	10.1	9:06	9.2	2:15	1.4	2:53	0.5	7:00	3:58	
11	Mon	9:10	10.5	9:49	9.3	2:57	1.3	3:37	0.1	7:01	3:58	
12	Tue	9:50	10.9	10:32	9.5	3:39	1.1	4:21	-0.3	7:02	3:58	
13	Wed	10:32	11.2	11:16	9.6	4:23	1.0	5:05	-0.6	7:02	3:58	
14	Thu	11:16	11.4			5:07	0.9	5:51	-0.8	7:03	3:58	
15	Fri	12:02	9.8	12:04	11.5	5:55	0.8	6:40	-0.9	7:04	3:58	
16	Sat	12:51	9.8	12:55	11.5	6:45	0.7	7:31	-0.9	7:05	3:58	
17	Sun	1:44	9.9	1:50	11.3	7:40	0.7	8:24	-0.8	7:05	3:59	
18	Mon	2:41	10.0	2:49	11.0	8:40	0.7	9:20	-0.6	7:06	3:59	
19	Tue	3:40	10.2	3:54	10.7	9:43	0.7	10:18	-0.3	7:07	3:59	
20	Wed	4:42	10.4	5:03	10.3	10:50	0.5	11:18	-0.1	7:07	4:00	
21	Thu	5:44	10.7	6:11	10.1	11:56	0.3			7:08	4:00	
22	Fri	6:43	11.0	7:16	10.0	12:18	0.1	1:01	0.0	7:08	4:01	
23	Sat	7:40	11.2	8:17	9.9	1:16	0.3	2:01	-0.3	7:09	4:01	
24	Sun	8:34	11.4	9:13	9.9	2:12	0.5	2:57	-0.6	7:09	4:02	
25	Mon	9:24	11.5	10:05	9.9	3:04	0.6	3:49	-0.7	7:09	4:03	
26	Tue	10:12	11.4	10:54	9.7	3:54	0.8	4:38	-0.7	7:10	4:03	
27	Wed	10:58	11.2	11:40	9.6	4:41	0.9	5:23	-0.5	7:10	4:04	
28	Thu	11:41	11.0			5:25	1.1	6:06	-0.3	7:10	4:05	
29	Fri	12:23	9.4	12:21	10.7	6:07	1.3	6:47	0.0	7:10	4:05	
30	Sat	1:05	9.2	1:00	10.3	6:48	1.5	7:27	0.3	7:11	4:06	
31	Sun	1:45	9.1	1:39	10.0	7:30	1.7	8:05	0.7	7:11	4:07	