


































Rockland, ME - May 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 4:43 | 10.2 | 5:39 | 9.1 | 11:23 | 0.4 | 11:39 | 1.6 | 5:26 | 7:40 |  |
| 2 | Thu | 5:48 | 10.2 | 6:44 | 9.5 | | | 12:24 | 0.2 | 5:25 | 7:41 |  |
| 3 | Fri | 6:57 | 10.4 | 7:45 | 10.1 | 12:46 | 1.2 | 1:25 | 0.0 | 5:23 | 7:42 |  |
| 4 | Sat | 8:04 | 10.6 | 8:42 | 10.8 | 1:51 | 0.6 | 2:22 | -0.3 | 5:22 | 7:43 |  |
| 5 | Sun | 9:06 | 10.9 | 9:35 | 11.4 | 2:52 | -0.1 | 3:17 | -0.5 | 5:21 | 7:45 |  |
| 6 | Mon | 10:04 | 11.1 | 10:26 | 11.9 | 3:50 | -0.8 | 4:09 | -0.6 | 5:19 | 7:46 |  |
| 7 | Tue | 11:00 | 11.1 | 11:15 | 12.2 | 4:44 | -1.3 | 4:59 | -0.5 | 5:18 | 7:47 |  |
| 8 | Wed | 11:53 | 11.0 | | | 5:37 | -1.6 | 5:49 | -0.3 | 5:17 | 7:48 |  |
| 9 | Thu | 12:04 | 12.2 | 12:45 | 10.8 | 6:28 | -1.6 | 6:38 | 0.0 | 5:15 | 7:49 |  |
| 10 | Fri | 12:53 | 12.0 | 1:37 | 10.4 | 7:19 | -1.4 | 7:27 | 0.4 | 5:14 | 7:50 |  |
| 11 | Sat | 1:42 | 11.6 | 2:30 | 10.0 | 8:10 | -1.0 | 8:18 | 0.9 | 5:13 | 7:52 |  |
| 12 | Sun | 2:33 | 11.1 | 3:24 | 9.5 | 9:02 | -0.5 | 9:11 | 1.3 | 5:12 | 7:53 |  |
| 13 | Mon | 3:27 | 10.6 | 4:19 | 9.2 | 9:56 | 0.1 | 10:07 | 1.7 | 5:11 | 7:54 |  |
| 14 | Tue | 4:23 | 10.0 | 5:16 | 8.9 | 10:51 | 0.5 | 11:05 | 2.0 | 5:10 | 7:55 |  |
| 15 | Wed | 5:22 | 9.6 | 6:12 | 8.9 | 11:46 | 0.9 | | | 5:09 | 7:56 |  |
| 16 | Thu | 6:21 | 9.3 | 7:06 | 8.9 | 12:05 | 2.1 | 12:41 | 1.1 | 5:08 | 7:57 |  |
| 17 | Fri | 7:18 | 9.2 | 7:56 | 9.1 | 1:03 | 2.0 | 1:32 | 1.2 | 5:07 | 7:58 |  |
| 18 | Sat | 8:12 | 9.1 | 8:41 | 9.4 | 1:58 | 1.8 | 2:19 | 1.3 | 5:06 | 7:59 |  |
| 19 | Sun | 9:02 | 9.1 | 9:23 | 9.7 | 2:48 | 1.4 | 3:03 | 1.3 | 5:05 | 8:00 |  |
| 20 | Mon | 9:48 | 9.2 | 10:02 | 9.9 | 3:33 | 1.1 | 3:43 | 1.3 | 5:04 | 8:01 |  |
| 21 | Tue | 10:31 | 9.2 | 10:37 | 10.1 | 4:16 | 0.8 | 4:22 | 1.4 | 5:03 | 8:02 |  |
| 22 | Wed | 11:11 | 9.2 | 11:10 | 10.3 | 4:56 | 0.5 | 5:00 | 1.4 | 5:02 | 8:03 |  |
| 23 | Thu | 11:49 | 9.2 | 11:44 | 10.4 | 5:35 | 0.3 | 5:37 | 1.4 | 5:01 | 8:04 |  |
| 24 | Fri | | | 12:26 | 9.2 | 6:14 | 0.1 | 6:15 | 1.5 | 5:00 | 8:05 |  |
| 25 | Sat | 12:21 | 10.6 | 1:05 | 9.2 | 6:55 | 0.0 | 6:56 | 1.5 | 5:00 | 8:06 |  |
| 26 | Sun | 1:01 | 10.7 | 1:47 | 9.2 | 7:37 | -0.1 | 7:39 | 1.5 | 4:59 | 8:07 |  |
| 27 | Mon | 1:46 | 10.7 | 2:34 | 9.2 | 8:23 | -0.1 | 8:28 | 1.5 | 4:58 | 8:08 |  |
| 28 | Tue | 2:35 | 10.7 | 3:26 | 9.3 | 9:13 | -0.2 | 9:22 | 1.4 | 4:57 | 8:09 |  |
| 29 | Wed | 3:29 | 10.6 | 4:22 | 9.5 | 10:07 | -0.1 | 10:21 | 1.3 | 4:57 | 8:10 |  |
| 30 | Thu | 4:29 | 10.5 | 5:22 | 9.8 | 11:03 | -0.1 | 11:25 | 1.1 | 4:56 | 8:11 |  |
| 31 | Fri | 5:33 | 10.4 | 6:22 | 10.2 | | | 12:01 | -0.1 | 4:56 | 8:12 |  |