
































Rockland, ME - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:33	9.9	7:58	11.2	1:19	0.0	1:33	0.3	4:57	8:23	
2	Tue	8:38	9.8	8:56	11.4	2:22	-0.3	2:32	0.5	4:58	8:23	
3	Wed	9:39	9.8	9:51	11.5	3:22	-0.5	3:29	0.6	4:58	8:22	
4	Thu	10:35	9.8	10:44	11.5	4:18	-0.7	4:23	0.7	4:59	8:22	
5	Fri	11:28	9.8	11:34	11.4	5:11	-0.7	5:15	0.8	4:59	8:22	
6	Sat			12:17	9.7	6:01	-0.7	6:04	1.0	5:00	8:22	
7	Sun	12:21	11.2	1:04	9.6	6:47	-0.5	6:50	1.1	5:01	8:21	
8	Mon	1:06	10.9	1:48	9.4	7:31	-0.2	7:34	1.3	5:02	8:21	
9	Tue	1:49	10.6	2:31	9.3	8:13	0.1	8:18	1.5	5:02	8:20	
10	Wed	2:30	10.2	3:12	9.2	8:53	0.4	9:02	1.6	5:03	8:20	
11	Thu	3:12	9.8	3:52	9.1	9:33	0.7	9:47	1.7	5:04	8:19	
12	Fri	3:55	9.4	4:34	9.1	10:14	1.1	10:36	1.8	5:05	8:19	
13	Sat	4:41	9.0	5:16	9.1	10:57	1.4	11:27	1.8	5:06	8:18	
14	Sun	5:32	8.7	6:02	9.2	11:43	1.7			5:07	8:17	
15	Mon	6:28	8.5	6:50	9.3	12:21	1.7	12:31	1.9	5:07	8:17	
16	Tue	7:26	8.4	7:40	9.5	1:16	1.6	1:22	2.0	5:08	8:16	
17	Wed	8:23	8.4	8:30	9.8	2:10	1.3	2:13	2.0	5:09	8:15	
18	Thu	9:17	8.6	9:19	10.2	3:03	0.9	3:03	1.8	5:10	8:14	
19	Fri	10:07	8.8	10:07	10.6	3:52	0.5	3:52	1.6	5:11	8:13	
20	Sat	10:54	9.2	10:54	11.0	4:40	0.0	4:41	1.2	5:12	8:13	
21	Sun	11:39	9.5	11:41	11.4	5:27	-0.4	5:29	0.8	5:13	8:12	
22	Mon			12:25	9.9	6:13	-0.8	6:17	0.5	5:14	8:11	
23	Tue	12:29	11.7	1:11	10.3	6:59	-1.0	7:07	0.2	5:15	8:10	
24	Wed	1:18	11.8	1:58	10.6	7:46	-1.1	7:59	0.0	5:16	8:09	
25	Thu	2:09	11.6	2:48	10.9	8:34	-1.0	8:54	-0.2	5:17	8:08	
26	Fri	3:03	11.3	3:40	11.0	9:24	-0.8	9:52	-0.2	5:18	8:07	
27	Sat	4:02	10.8	4:36	11.1	10:17	-0.4	10:53	-0.1	5:19	8:06	
28	Sun	5:05	10.3	5:35	11.1	11:13	0.1	11:57	-0.1	5:20	8:05	
29	Mon	6:12	9.8	6:38	11.0			12:13	0.5	5:21	8:03	
30	Tue	7:21	9.5	7:41	11.0	1:03	-0.1	1:15	0.8	5:22	8:02	
31	Wed	8:26	9.4	8:42	11.0	2:08	-0.1	2:17	1.0	5:24	8:01	