


































## Rockland, ME - Dec 2024

| Date |     | High  |      |       |      | Low   |     |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|-----|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft  | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sun | 10:34 | 10.3 | 11:15 | 9.1  | 4:24  | 1.6 | 5:02  | 0.3  | 6:52  | 3:59 |    |
| 2    | Mon | 11:07 | 10.4 | 11:51 | 9.0  | 5:01  | 1.6 | 5:40  | 0.2  | 6:53  | 3:58 |    |
| 3    | Tue | 11:44 | 10.5 |       |      | 5:39  | 1.6 | 6:20  | 0.1  | 6:54  | 3:58 |    |
| 4    | Wed | 12:29 | 9.0  | 12:25 | 10.5 | 6:20  | 1.6 | 7:02  | 0.1  | 6:55  | 3:58 |    |
| 5    | Thu | 1:11  | 9.0  | 1:10  | 10.5 | 7:04  | 1.6 | 7:48  | 0.1  | 6:56  | 3:58 |    |
| 6    | Fri | 1:58  | 9.1  | 2:00  | 10.4 | 7:54  | 1.6 | 8:37  | 0.1  | 6:57  | 3:58 |    |
| 7    | Sat | 2:50  | 9.3  | 2:55  | 10.3 | 8:49  | 1.5 | 9:30  | 0.1  | 6:58  | 3:58 |    |
| 8    | Sun | 3:45  | 9.5  | 3:56  | 10.2 | 9:50  | 1.3 | 10:26 | 0.1  | 6:59  | 3:58 |    |
| 9    | Mon | 4:44  | 9.9  | 5:01  | 10.1 | 10:55 | 1.0 | 11:23 | 0.1  | 7:00  | 3:57 |    |
| 10   | Tue | 5:44  | 10.4 | 6:09  | 10.1 |       |     | 12:00 | 0.5  | 7:00  | 3:58 |    |
| 11   | Wed | 6:43  | 10.9 | 7:16  | 10.1 | 12:21 | 0.1 | 1:03  | -0.1 | 7:01  | 3:58 |    |
| 12   | Thu | 7:40  | 11.4 | 8:18  | 10.3 | 1:19  | 0.1 | 2:03  | -0.7 | 7:02  | 3:58 |   |
| 13   | Fri | 8:35  | 11.9 | 9:17  | 10.4 | 2:15  | 0.1 | 3:01  | -1.1 | 7:03  | 3:58 |  |
| 14   | Sat | 9:28  | 12.1 | 10:12 | 10.4 | 3:09  | 0.1 | 3:55  | -1.4 | 7:04  | 3:58 |  |
| 15   | Sun | 10:20 | 12.2 | 11:05 | 10.4 | 4:02  | 0.1 | 4:48  | -1.5 | 7:04  | 3:58 |  |
| 16   | Mon | 11:11 | 12.1 | 11:57 | 10.2 | 4:54  | 0.3 | 5:39  | -1.4 | 7:05  | 3:59 |  |
| 17   | Tue |       |      | 12:01 | 11.8 | 5:44  | 0.5 | 6:29  | -1.1 | 7:06  | 3:59 |  |
| 18   | Wed | 12:47 | 10.0 | 12:50 | 11.4 | 6:34  | 0.7 | 7:18  | -0.7 | 7:06  | 3:59 |  |
| 19   | Thu | 1:37  | 9.8  | 1:40  | 10.9 | 7:25  | 1.0 | 8:06  | -0.2 | 7:07  | 4:00 |  |
| 20   | Fri | 2:27  | 9.5  | 2:30  | 10.3 | 8:16  | 1.4 | 8:54  | 0.2  | 7:07  | 4:00 |  |
| 21   | Sat | 3:17  | 9.3  | 3:21  | 9.8  | 9:08  | 1.6 | 9:42  | 0.7  | 7:08  | 4:01 |  |
| 22   | Sun | 4:07  | 9.2  | 4:15  | 9.3  | 10:03 | 1.8 | 10:31 | 1.1  | 7:08  | 4:01 |  |
| 23   | Mon | 4:58  | 9.2  | 5:12  | 8.9  | 10:59 | 1.9 | 11:20 | 1.4  | 7:09  | 4:02 |  |
| 24   | Tue | 5:47  | 9.2  | 6:09  | 8.7  | 11:55 | 1.8 |       |      | 7:09  | 4:02 |  |
| 25   | Wed | 6:36  | 9.3  | 7:04  | 8.6  | 12:09 | 1.6 | 12:50 | 1.6  | 7:10  | 4:03 |  |
| 26   | Thu | 7:23  | 9.5  | 7:57  | 8.6  | 12:58 | 1.8 | 1:41  | 1.3  | 7:10  | 4:04 |  |
| 27   | Fri | 8:07  | 9.7  | 8:46  | 8.6  | 1:45  | 1.8 | 2:29  | 1.0  | 7:10  | 4:04 |  |
| 28   | Sat | 8:49  | 10.0 | 9:31  | 8.8  | 2:31  | 1.8 | 3:15  | 0.7  | 7:10  | 4:05 |  |
| 29   | Sun | 9:29  | 10.2 | 10:13 | 8.9  | 3:14  | 1.8 | 3:57  | 0.4  | 7:11  | 4:06 |  |
| 30   | Mon | 10:08 | 10.5 | 10:53 | 9.1  | 3:56  | 1.6 | 4:39  | 0.1  | 7:11  | 4:07 |  |
| 31   | Tue | 10:47 | 10.7 |       |      | 4:37  | 1.5 | 5:20  | -0.1 | 7:11  | 4:08 |  |