
































Rockland, ME - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:15	8.0	6:22	9.1			12:06	2.5	6:00	7:12	
2	Tue	7:19	8.0	7:24	9.2	12:59	1.6	1:05	2.4	6:01	7:10	
3	Wed	8:17	8.2	8:21	9.6	1:57	1.4	2:02	2.2	6:02	7:08	
4	Thu	9:08	8.6	9:12	10.0	2:50	1.0	2:55	1.8	6:03	7:07	
5	Fri	9:54	9.1	9:58	10.5	3:38	0.6	3:44	1.3	6:04	7:05	
6	Sat	10:35	9.6	10:42	10.9	4:22	0.1	4:30	0.7	6:05	7:03	
7	Sun	11:14	10.2	11:26	11.2	5:03	-0.3	5:15	0.2	6:06	7:01	
8	Mon	11:54	10.7			5:44	-0.6	6:00	-0.4	6:08	6:59	
9	Tue	12:10	11.4	12:34	11.2	6:26	-0.7	6:47	-0.8	6:09	6:57	
10	Wed	12:56	11.4	1:18	11.5	7:09	-0.7	7:35	-1.0	6:10	6:56	
11	Thu	1:45	11.1	2:04	11.6	7:54	-0.5	8:27	-1.0	6:11	6:54	
12	Fri	2:37	10.7	2:55	11.6	8:44	-0.1	9:23	-0.8	6:12	6:52	
13	Sat	3:35	10.2	3:52	11.3	9:38	0.4	10:24	-0.5	6:13	6:50	
14	Sun	4:40	9.7	4:56	11.0	10:38	0.8	11:31	-0.2	6:14	6:48	
15	Mon	5:52	9.4	6:08	10.8	11:45	1.2			6:16	6:46	
16	Tue	7:03	9.3	7:20	10.7	12:40	0.0	12:55	1.2	6:17	6:44	
17	Wed	8:09	9.5	8:26	10.8	1:48	0.0	2:04	1.1	6:18	6:43	
18	Thu	9:08	9.7	9:24	10.9	2:50	-0.1	3:06	0.9	6:19	6:41	
19	Fri	10:01	10.0	10:17	10.9	3:45	-0.2	4:01	0.6	6:20	6:39	
20	Sat	10:49	10.3	11:05	10.9	4:34	-0.2	4:50	0.4	6:21	6:37	
21	Sun	11:32	10.4	11:49	10.7	5:17	-0.1	5:34	0.3	6:22	6:35	
22	Mon			12:11	10.4	5:57	0.1	6:15	0.3	6:24	6:33	
23	Tue	12:30	10.4	12:47	10.3	6:33	0.4	6:53	0.3	6:25	6:31	
24	Wed	1:07	10.0	1:19	10.1	7:07	0.8	7:30	0.5	6:26	6:30	
25	Thu	1:43	9.6	1:49	9.9	7:41	1.2	8:08	0.7	6:27	6:28	
26	Fri	2:19	9.2	2:22	9.7	8:16	1.6	8:47	0.9	6:28	6:26	
27	Sat	2:57	8.8	2:59	9.5	8:55	1.9	9:31	1.2	6:29	6:24	
28	Sun	3:40	8.5	3:43	9.2	9:38	2.3	10:21	1.4	6:31	6:22	
29	Mon	4:31	8.2	4:35	9.1	10:28	2.5	11:16	1.6	6:32	6:20	
30	Tue	5:30	8.0	5:34	9.1	11:25	2.6			6:33	6:19	