

































Rockland, ME - Oct 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:35	8.1	6:37	9.2	12:16	1.5	12:26	2.5	6:34	6:17	
2	Thu	7:34	8.4	7:38	9.5	1:14	1.3	1:25	2.1	6:35	6:15	
3	Fri	8:27	8.9	8:34	10.0	2:08	0.9	2:21	1.6	6:37	6:13	
4	Sat	9:13	9.6	9:25	10.5	2:58	0.5	3:13	0.9	6:38	6:11	
5	Sun	9:57	10.3	10:14	10.9	3:43	0.0	4:02	0.2	6:39	6:09	
6	Mon	10:39	11.0	11:01	11.2	4:28	-0.4	4:50	-0.6	6:40	6:08	
7	Tue	11:21	11.6	11:49	11.3	5:11	-0.6	5:38	-1.1	6:41	6:06	
8	Wed			12:06	12.0	5:56	-0.7	6:27	-1.5	6:43	6:04	
9	Thu	12:39	11.3	12:52	12.2	6:42	-0.6	7:18	-1.6	6:44	6:02	
10	Fri	1:30	11.0	1:42	12.1	7:31	-0.3	8:11	-1.5	6:45	6:01	
11	Sat	2:25	10.6	2:36	11.9	8:24	0.1	9:08	-1.1	6:46	5:59	
12	Sun	3:25	10.2	3:36	11.4	9:21	0.6	10:10	-0.7	6:47	5:57	
13	Mon	4:31	9.7	4:44	11.0	10:25	1.0	11:17	-0.3	6:49	5:55	
14	Tue	5:41	9.5	5:56	10.6	11:34	1.2			6:50	5:54	
15	Wed	6:49	9.5	7:05	10.5	12:25	0.0	12:44	1.3	6:51	5:52	
16	Thu	7:51	9.7	8:09	10.4	1:30	0.1	1:51	1.1	6:52	5:50	
17	Fri	8:47	9.9	9:06	10.4	2:28	0.1	2:51	0.8	6:54	5:49	
18	Sat	9:37	10.2	9:57	10.3	3:20	0.2	3:44	0.6	6:55	5:47	
19	Sun	10:22	10.4	10:44	10.2	4:07	0.3	4:31	0.4	6:56	5:45	
20	Mon	11:03	10.5	11:27	10.0	4:48	0.4	5:13	0.3	6:58	5:44	
21	Tue	11:40	10.4			5:26	0.7	5:51	0.2	6:59	5:42	
22	Wed	12:06	9.8	12:14	10.3	6:00	1.0	6:28	0.3	7:00	5:41	
23	Thu	12:43	9.5	12:44	10.1	6:34	1.3	7:03	0.4	7:01	5:39	
24	Fri	1:18	9.2	1:13	10.0	7:07	1.6	7:40	0.6	7:03	5:37	
25	Sat	1:52	8.9	1:46	9.8	7:42	1.9	8:18	0.8	7:04	5:36	
26	Sun	2:28	8.6	2:24	9.6	8:21	2.1	9:00	1.0	7:05	5:34	
27	Mon	3:09	8.4	3:08	9.4	9:04	2.3	9:47	1.2	7:07	5:33	
28	Tue	3:57	8.3	3:57	9.3	9:53	2.5	10:39	1.3	7:08	5:31	
29	Wed	4:52	8.2	4:53	9.2	10:48	2.5	11:35	1.2	7:09	5:30	
30	Thu	5:50	8.4	5:54	9.3	11:48	2.3			7:11	5:29	
31	Fri	6:48	8.8	6:56	9.6	12:31	1.1	12:49	1.9	7:12	5:27	