
































Rockland, ME - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:07	10.3	12:49	8.9	6:31	0.3	6:30	1.8	4:55	8:12	
2	Tue	12:41	10.1	1:25	8.8	7:08	0.4	7:06	1.9	4:55	8:13	
3	Wed	1:14	10.0	2:01	8.7	7:46	0.5	7:44	2.0	4:55	8:14	
4	Thu	1:49	9.9	2:37	8.7	8:25	0.6	8:25	2.1	4:54	8:15	
5	Fri	2:28	9.8	3:15	8.7	9:05	0.7	9:09	2.1	4:54	8:15	
6	Sat	3:11	9.7	3:58	8.8	9:47	0.8	9:57	2.0	4:53	8:16	
7	Sun	3:59	9.6	4:44	9.0	10:32	0.8	10:49	1.9	4:53	8:17	
8	Mon	4:51	9.5	5:33	9.3	11:20	0.9	11:45	1.6	4:53	8:17	
9	Tue	5:47	9.4	6:24	9.8			12:10	0.8	4:53	8:18	
10	Wed	6:46	9.5	7:17	10.3	12:43	1.1	1:02	0.8	4:52	8:18	
11	Thu	7:47	9.6	8:11	10.8	1:42	0.5	1:55	0.7	4:52	8:19	
12	Fri	8:49	9.8	9:05	11.4	2:40	-0.1	2:50	0.5	4:52	8:20	
13	Sat	9:48	10.0	9:59	11.9	3:36	-0.7	3:44	0.3	4:52	8:20	
14	Sun	10:46	10.2	10:54	12.3	4:32	-1.2	4:39	0.2	4:52	8:21	
15	Mon	11:43	10.4	11:50	12.5	5:28	-1.6	5:34	0.0	4:52	8:21	
16	Tue			12:39	10.5	6:22	-1.8	6:30	0.0	4:52	8:21	
17	Wed	12:45	12.5	1:34	10.6	7:17	-1.8	7:26	0.0	4:52	8:22	
18	Thu	1:42	12.3	2:31	10.6	8:12	-1.6	8:24	0.1	4:52	8:22	
19	Fri	2:40	11.9	3:27	10.5	9:06	-1.2	9:23	0.3	4:52	8:22	
20	Sat	3:39	11.3	4:24	10.5	10:01	-0.8	10:24	0.5	4:53	8:23	
21	Sun	4:39	10.7	5:21	10.4	10:57	-0.3	11:26	0.7	4:53	8:23	
22	Mon	5:41	10.2	6:17	10.3	11:52	0.2			4:53	8:23	
23	Tue	6:42	9.7	7:12	10.3	12:28	0.8	12:47	0.7	4:53	8:23	
24	Wed	7:41	9.3	8:04	10.3	1:27	0.8	1:40	1.1	4:54	8:23	
25	Thu	8:37	9.1	8:54	10.2	2:24	0.7	2:32	1.4	4:54	8:23	
26	Fri	9:30	8.9	9:41	10.2	3:16	0.7	3:20	1.6	4:54	8:23	
27	Sat	10:19	8.9	10:25	10.2	4:04	0.6	4:06	1.7	4:55	8:23	
28	Sun	11:04	8.9	11:06	10.2	4:49	0.5	4:48	1.8	4:55	8:23	
29	Mon	11:46	8.8	11:44	10.2	5:30	0.5	5:28	1.8	4:56	8:23	
30	Tue			12:25	8.8	6:09	0.4	6:06	1.8	4:56	8:23	