



Rockland, ME - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:02	10.4	1:35	9.6	7:27	0.2	7:34	1.0	5:24	8:00	☉
2	Sun	1:39	10.3	2:09	9.8	8:02	0.2	8:16	0.9	5:25	7:59	☾
3	Mon	2:19	10.2	2:48	10.0	8:40	0.3	9:01	0.8	5:26	7:58	☾
4	Tue	3:04	10.0	3:31	10.2	9:22	0.5	9:51	0.6	5:27	7:57	☾
5	Wed	3:55	9.7	4:21	10.4	10:09	0.7	10:47	0.5	5:29	7:55	☾
6	Thu	4:51	9.4	5:16	10.5	11:02	0.9	11:49	0.4	5:30	7:54	☾
7	Fri	5:56	9.2	6:18	10.7			12:01	1.1	5:31	7:53	☾
8	Sat	7:06	9.2	7:24	10.9	12:55	0.2	1:05	1.1	5:32	7:51	☾
9	Sun	8:18	9.3	8:32	11.3	2:02	-0.1	2:11	0.9	5:33	7:50	☾
10	Mon	9:24	9.7	9:36	11.7	3:06	-0.5	3:14	0.6	5:34	7:48	☾
11	Tue	10:23	10.1	10:35	12.0	4:06	-0.9	4:14	0.2	5:35	7:47	☾
12	Wed	11:17	10.5	11:30	12.2	5:01	-1.2	5:11	-0.2	5:36	7:45	☾
13	Thu			12:08	10.8	5:52	-1.4	6:04	-0.4	5:38	7:44	☾
14	Fri	12:22	12.1	12:57	11.0	6:41	-1.3	6:56	-0.5	5:39	7:42	☾
15	Sat	1:12	11.8	1:44	11.0	7:27	-1.0	7:46	-0.3	5:40	7:41	☾
16	Sun	2:02	11.3	2:30	10.9	8:13	-0.5	8:36	-0.1	5:41	7:39	☾
17	Mon	2:51	10.6	3:16	10.6	8:58	0.0	9:26	0.3	5:42	7:38	☾
18	Tue	3:41	9.9	4:03	10.2	9:44	0.7	10:18	0.7	5:43	7:36	☾
19	Wed	4:34	9.3	4:53	9.9	10:32	1.3	11:13	1.0	5:44	7:35	☾
20	Thu	5:31	8.8	5:48	9.6	11:24	1.8			5:46	7:33	☾
21	Fri	6:31	8.4	6:45	9.4	12:11	1.3	12:20	2.1	5:47	7:31	☾
22	Sat	7:31	8.3	7:43	9.4	1:11	1.4	1:18	2.3	5:48	7:30	☾
23	Sun	8:27	8.3	8:37	9.6	2:08	1.3	2:13	2.2	5:49	7:28	☾
24	Mon	9:18	8.5	9:26	9.8	3:01	1.1	3:05	2.0	5:50	7:26	☉
25	Tue	10:04	8.8	10:10	10.1	3:48	0.9	3:51	1.7	5:51	7:25	☉
26	Wed	10:45	9.1	10:50	10.3	4:30	0.6	4:33	1.4	5:52	7:23	☉
27	Thu	11:22	9.4	11:27	10.4	5:08	0.4	5:13	1.1	5:54	7:21	☉
28	Fri	11:55	9.7			5:44	0.2	5:51	0.8	5:55	7:19	☉
29	Sat	12:01	10.5	12:27	10.0	6:18	0.1	6:30	0.5	5:56	7:18	☉
30	Sun	12:37	10.6	12:59	10.3	6:53	0.1	7:10	0.2	5:57	7:16	☉
31	Mon	1:15	10.5	1:36	10.5	7:30	0.2	7:52	0.1	5:58	7:14	☉