
































Rockland, ME - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:57	10.3	2:17	10.7	8:09	0.3	8:39	0.0	5:59	7:12	
2	Wed	2:44	10.1	3:03	10.8	8:54	0.5	9:31	0.0	6:00	7:11	
3	Thu	3:37	9.7	3:55	10.7	9:44	0.8	10:29	0.1	6:02	7:09	
4	Fri	4:37	9.4	4:55	10.7	10:41	1.1	11:33	0.2	6:03	7:07	
5	Sat	5:46	9.1	6:03	10.7	11:46	1.3			6:04	7:05	
6	Sun	7:01	9.2	7:17	10.8	12:43	0.1	12:55	1.2	6:05	7:03	
7	Mon	8:12	9.4	8:27	11.1	1:51	-0.1	2:04	0.9	6:06	7:02	
8	Tue	9:14	9.9	9:29	11.4	2:54	-0.4	3:08	0.5	6:07	7:00	
9	Wed	10:09	10.4	10:26	11.6	3:52	-0.7	4:06	0.1	6:08	6:58	
10	Thu	11:00	10.8	11:18	11.7	4:44	-0.9	5:00	-0.3	6:10	6:56	
11	Fri	11:47	11.1			5:32	-0.9	5:50	-0.5	6:11	6:54	
12	Sat	12:07	11.5	12:32	11.2	6:16	-0.7	6:38	-0.6	6:12	6:52	
13	Sun	12:53	11.1	1:14	11.1	6:59	-0.4	7:23	-0.4	6:13	6:51	
14	Mon	1:39	10.6	1:55	10.8	7:41	0.1	8:08	-0.1	6:14	6:49	
15	Tue	2:24	10.1	2:36	10.4	8:22	0.7	8:54	0.3	6:15	6:47	
16	Wed	3:09	9.5	3:18	10.0	9:05	1.3	9:41	0.7	6:16	6:45	
17	Thu	3:58	8.9	4:05	9.6	9:51	1.8	10:32	1.1	6:18	6:43	
18	Fri	4:52	8.5	4:58	9.3	10:41	2.2	11:28	1.4	6:19	6:41	
19	Sat	5:51	8.2	5:58	9.1	11:37	2.4			6:20	6:39	
20	Sun	6:52	8.1	7:00	9.1	12:28	1.5	12:37	2.5	6:21	6:37	
21	Mon	7:49	8.3	7:57	9.3	1:26	1.5	1:36	2.3	6:22	6:36	
22	Tue	8:40	8.6	8:48	9.6	2:20	1.3	2:29	2.0	6:23	6:34	
23	Wed	9:26	9.0	9:34	9.9	3:07	1.0	3:17	1.6	6:25	6:32	
24	Thu	10:06	9.4	10:15	10.2	3:50	0.7	4:01	1.1	6:26	6:30	
25	Fri	10:41	9.9	10:54	10.4	4:28	0.4	4:42	0.6	6:27	6:28	
26	Sat	11:15	10.3	11:32	10.5	5:05	0.2	5:23	0.1	6:28	6:26	
27	Sun	11:49	10.7			5:42	0.1	6:04	-0.3	6:29	6:24	
28	Mon	12:12	10.6	12:26	11.1	6:20	0.1	6:46	-0.5	6:30	6:23	
29	Tue	12:54	10.5	1:06	11.3	7:00	0.1	7:31	-0.7	6:32	6:21	
30	Wed	1:39	10.4	1:51	11.3	7:44	0.3	8:21	-0.7	6:33	6:19	