

































Rockland, ME - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:30	10.1	2:42	11.2	8:32	0.6	9:15	-0.5	6:34	6:17	
2	Fri	3:26	9.7	3:38	11.0	9:27	0.9	10:16	-0.3	6:35	6:15	
3	Sat	4:30	9.4	4:43	10.8	10:29	1.2	11:22	-0.1	6:36	6:13	
4	Sun	5:43	9.3	5:57	10.6	11:38	1.3			6:37	6:12	
5	Mon	6:55	9.4	7:11	10.7	12:31	0.0	12:49	1.2	6:39	6:10	
6	Tue	8:00	9.8	8:18	10.8	1:38	-0.1	1:58	0.8	6:40	6:08	
7	Wed	8:59	10.3	9:18	11.0	2:38	-0.3	3:00	0.4	6:41	6:06	
8	Thu	9:51	10.7	10:12	11.1	3:33	-0.4	3:56	-0.1	6:42	6:05	
9	Fri	10:39	11.0	11:03	11.0	4:22	-0.4	4:47	-0.4	6:43	6:03	
10	Sat	11:24	11.2	11:49	10.8	5:08	-0.3	5:34	-0.5	6:45	6:01	
11	Sun			12:05	11.1	5:50	0.0	6:18	-0.5	6:46	5:59	
12	Mon	12:34	10.4	12:44	10.9	6:30	0.4	7:00	-0.3	6:47	5:58	
13	Tue	1:16	10.0	1:22	10.6	7:09	0.8	7:41	0.0	6:48	5:56	
14	Wed	1:58	9.5	1:58	10.3	7:48	1.3	8:23	0.4	6:50	5:54	
15	Thu	2:40	9.1	2:37	9.9	8:28	1.7	9:07	0.7	6:51	5:52	
16	Fri	3:24	8.7	3:20	9.5	9:12	2.1	9:54	1.1	6:52	5:51	
17	Sat	4:13	8.4	4:09	9.2	10:01	2.4	10:47	1.4	6:53	5:49	
18	Sun	5:08	8.2	5:06	9.0	10:55	2.5	11:42	1.5	6:55	5:47	
19	Mon	6:07	8.2	6:07	9.0	11:54	2.5			6:56	5:46	
20	Tue	7:03	8.4	7:07	9.1	12:38	1.5	12:53	2.3	6:57	5:44	
21	Wed	7:54	8.8	8:02	9.3	1:31	1.3	1:48	1.9	6:58	5:43	
22	Thu	8:39	9.2	8:51	9.6	2:19	1.1	2:39	1.4	7:00	5:41	
23	Fri	9:19	9.8	9:37	9.9	3:03	0.8	3:26	0.8	7:01	5:39	
24	Sat	9:57	10.3	10:21	10.2	3:45	0.5	4:10	0.2	7:02	5:38	
25	Sun	10:35	10.9	11:04	10.4	4:25	0.3	4:54	-0.4	7:04	5:36	
26	Mon	11:15	11.4	11:49	10.5	5:07	0.2	5:39	-0.9	7:05	5:35	
27	Tue	11:58	11.7			5:50	0.1	6:26	-1.2	7:06	5:33	
28	Wed	12:36	10.5	12:43	11.9	6:35	0.2	7:15	-1.3	7:08	5:32	
29	Thu	1:26	10.4	1:33	11.8	7:23	0.3	8:07	-1.2	7:09	5:30	
30	Fri	2:20	10.1	2:27	11.6	8:16	0.5	9:04	-0.9	7:10	5:29	
31	Sat	3:19	9.9	3:28	11.3	9:15	0.8	10:05	-0.6	7:12	5:28	