

































Rockland, ME - Dec 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:15	10.2	4:31	10.6	10:14	0.7	10:51	-0.2	6:51	3:59	
2	Wed	5:16	10.3	5:38	10.2	11:22	0.7	11:50	0.1	6:52	3:59	
3	Thu	6:16	10.5	6:41	10.0			12:27	0.5	6:53	3:58	
4	Fri	7:11	10.7	7:41	9.8	12:48	0.4	1:27	0.3	6:54	3:58	
5	Sat	8:03	10.8	8:35	9.6	1:41	0.7	2:22	0.2	6:55	3:58	
6	Sun	8:51	10.8	9:26	9.5	2:31	0.9	3:12	0.0	6:56	3:58	
7	Mon	9:36	10.7	10:12	9.4	3:18	1.1	3:58	0.0	6:57	3:58	
8	Tue	10:17	10.6	10:56	9.2	4:00	1.3	4:40	0.1	6:58	3:58	
9	Wed	10:56	10.5	11:36	9.1	4:40	1.5	5:19	0.2	6:59	3:57	
10	Thu	11:32	10.3			5:18	1.6	5:57	0.3	7:00	3:58	
11	Fri	12:14	8.9	12:05	10.2	5:55	1.8	6:34	0.4	7:01	3:58	
12	Sat	12:51	8.8	12:39	10.0	6:32	1.9	7:11	0.6	7:02	3:58	
13	Sun	1:26	8.7	1:16	9.9	7:11	2.0	7:50	0.7	7:03	3:58	
14	Mon	2:02	8.7	1:56	9.7	7:54	2.0	8:30	0.8	7:03	3:58	
15	Tue	2:42	8.8	2:40	9.5	8:39	2.1	9:13	1.0	7:04	3:58	
16	Wed	3:25	8.9	3:29	9.3	9:29	2.0	9:58	1.1	7:05	3:58	
17	Thu	4:11	9.1	4:23	9.1	10:23	1.8	10:46	1.1	7:05	3:59	
18	Fri	5:01	9.5	5:21	9.1	11:20	1.4	11:37	1.1	7:06	3:59	
19	Sat	5:52	9.9	6:22	9.2			12:18	1.0	7:07	4:00	
20	Sun	6:45	10.4	7:23	9.3	12:30	1.1	1:16	0.4	7:07	4:00	
21	Mon	7:39	11.0	8:22	9.6	1:24	0.9	2:12	-0.3	7:08	4:00	
22	Tue	8:33	11.5	9:19	9.9	2:18	0.7	3:07	-0.8	7:08	4:01	
23	Wed	9:27	12.0	10:15	10.2	3:12	0.4	4:01	-1.3	7:09	4:01	
24	Thu	10:21	12.4	11:09	10.5	4:06	0.1	4:55	-1.7	7:09	4:02	
25	Fri	11:16	12.5			5:01	-0.1	5:48	-1.8	7:09	4:03	
26	Sat	12:03	10.6	12:11	12.5	5:56	-0.2	6:41	-1.8	7:10	4:03	
27	Sun	12:58	10.7	1:07	12.2	6:52	-0.2	7:35	-1.5	7:10	4:04	
28	Mon	1:53	10.7	2:05	11.7	7:50	0.0	8:29	-1.1	7:10	4:05	
29	Tue	2:50	10.7	3:05	11.1	8:50	0.2	9:24	-0.6	7:11	4:06	
30	Wed	3:47	10.6	4:08	10.4	9:53	0.4	10:20	0.0	7:11	4:06	
31	Thu	4:45	10.5	5:12	9.8	10:57	0.5	11:14	0.5	7:11	4:07	