


































Rockland, ME - May 2028

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 4:01 | 10.5 | 4:53 | 9.4 | 10:38 | 0.0 | 10:55 | 1.3 | 5:26 | 7:40 |  |
| 2 | Tue | 5:04 | 10.5 | 5:57 | 9.7 | 11:38 | 0.0 | | | 5:25 | 7:41 |  |
| 3 | Wed | 6:12 | 10.4 | 7:01 | 10.2 | 12:01 | 1.0 | 12:39 | -0.1 | 5:23 | 7:42 |  |
| 4 | Thu | 7:21 | 10.5 | 8:01 | 10.7 | 1:08 | 0.6 | 1:39 | -0.2 | 5:22 | 7:43 |  |
| 5 | Fri | 8:27 | 10.7 | 8:58 | 11.3 | 2:12 | 0.0 | 2:36 | -0.3 | 5:21 | 7:45 |  |
| 6 | Sat | 9:28 | 10.8 | 9:51 | 11.7 | 3:12 | -0.6 | 3:31 | -0.4 | 5:19 | 7:46 |  |
| 7 | Sun | 10:25 | 10.9 | 10:42 | 12.0 | 4:08 | -1.0 | 4:23 | -0.4 | 5:18 | 7:47 |  |
| 8 | Mon | 11:18 | 10.9 | 11:31 | 12.1 | 5:02 | -1.4 | 5:14 | -0.2 | 5:17 | 7:48 |  |
| 9 | Tue | | | 12:10 | 10.7 | 5:53 | -1.4 | 6:03 | 0.0 | 5:15 | 7:49 |  |
| 10 | Wed | 12:19 | 12.0 | 1:01 | 10.4 | 6:43 | -1.3 | 6:51 | 0.3 | 5:14 | 7:50 |  |
| 11 | Thu | 1:07 | 11.7 | 1:50 | 10.1 | 7:32 | -1.0 | 7:39 | 0.7 | 5:13 | 7:52 |  |
| 12 | Fri | 1:54 | 11.2 | 2:40 | 9.7 | 8:20 | -0.6 | 8:28 | 1.1 | 5:12 | 7:53 |  |
| 13 | Sat | 2:43 | 10.7 | 3:31 | 9.3 | 9:09 | -0.1 | 9:18 | 1.5 | 5:11 | 7:54 |  |
| 14 | Sun | 3:33 | 10.2 | 4:23 | 9.1 | 9:59 | 0.4 | 10:11 | 1.8 | 5:10 | 7:55 |  |
| 15 | Mon | 4:26 | 9.8 | 5:15 | 8.9 | 10:50 | 0.8 | 11:06 | 2.0 | 5:09 | 7:56 |  |
| 16 | Tue | 5:21 | 9.4 | 6:08 | 8.9 | 11:41 | 1.1 | | | 5:07 | 7:57 |  |
| 17 | Wed | 6:18 | 9.1 | 6:59 | 9.0 | 12:02 | 2.0 | 12:32 | 1.3 | 5:06 | 7:58 |  |
| 18 | Thu | 7:14 | 9.0 | 7:47 | 9.2 | 12:59 | 1.9 | 1:22 | 1.4 | 5:05 | 7:59 |  |
| 19 | Fri | 8:07 | 9.0 | 8:32 | 9.5 | 1:52 | 1.6 | 2:09 | 1.4 | 5:05 | 8:00 |  |
| 20 | Sat | 8:57 | 9.0 | 9:14 | 9.8 | 2:42 | 1.3 | 2:53 | 1.4 | 5:04 | 8:01 |  |
| 21 | Sun | 9:43 | 9.1 | 9:53 | 10.1 | 3:28 | 0.9 | 3:36 | 1.4 | 5:03 | 8:02 |  |
| 22 | Mon | 10:27 | 9.2 | 10:29 | 10.3 | 4:12 | 0.6 | 4:16 | 1.3 | 5:02 | 8:03 |  |
| 23 | Tue | 11:08 | 9.3 | 11:06 | 10.6 | 4:54 | 0.2 | 4:56 | 1.3 | 5:01 | 8:04 |  |
| 24 | Wed | 11:47 | 9.4 | 11:45 | 10.8 | 5:35 | 0.0 | 5:37 | 1.2 | 5:00 | 8:05 |  |
| 25 | Thu | | | 12:28 | 9.5 | 6:17 | -0.3 | 6:19 | 1.1 | 5:00 | 8:06 |  |
| 26 | Fri | 12:26 | 11.0 | 1:10 | 9.6 | 7:00 | -0.5 | 7:04 | 1.0 | 4:59 | 8:07 |  |
| 27 | Sat | 1:11 | 11.2 | 1:57 | 9.7 | 7:46 | -0.6 | 7:52 | 0.9 | 4:58 | 8:08 |  |
| 28 | Sun | 1:59 | 11.2 | 2:47 | 9.8 | 8:35 | -0.6 | 8:44 | 0.9 | 4:57 | 8:09 |  |
| 29 | Mon | 2:52 | 11.1 | 3:41 | 9.9 | 9:26 | -0.6 | 9:42 | 0.8 | 4:57 | 8:10 |  |
| 30 | Tue | 3:49 | 10.9 | 4:39 | 10.1 | 10:21 | -0.5 | 10:43 | 0.7 | 4:56 | 8:11 |  |
| 31 | Wed | 4:51 | 10.7 | 5:39 | 10.4 | 11:18 | -0.3 | 11:48 | 0.5 | 4:56 | 8:12 |  |