

































Rockland, ME - Jul 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:52	10.0	7:19	11.2	12:37	-0.1	12:53	0.3	4:57	8:23	
2	Sun	7:58	9.8	8:19	11.3	1:42	-0.2	1:53	0.5	4:58	8:23	
3	Mon	9:00	9.7	9:16	11.3	2:44	-0.3	2:52	0.7	4:58	8:22	
4	Tue	9:58	9.7	10:10	11.3	3:42	-0.4	3:48	0.8	4:59	8:22	
5	Wed	10:52	9.7	11:01	11.3	4:36	-0.5	4:40	0.9	5:00	8:22	
6	Thu	11:41	9.6	11:47	11.1	5:25	-0.5	5:29	1.0	5:00	8:21	
7	Fri			12:27	9.6	6:11	-0.4	6:14	1.1	5:01	8:21	
8	Sat	12:31	10.9	1:10	9.5	6:53	-0.2	6:56	1.2	5:02	8:21	
9	Sun	1:12	10.6	1:50	9.4	7:32	0.0	7:37	1.3	5:02	8:20	
10	Mon	1:50	10.3	2:28	9.3	8:10	0.3	8:17	1.4	5:03	8:20	
11	Tue	2:27	10.0	3:04	9.3	8:47	0.6	8:59	1.5	5:04	8:19	
12	Wed	3:05	9.6	3:40	9.2	9:25	0.9	9:43	1.6	5:05	8:19	
13	Thu	3:46	9.3	4:19	9.2	10:05	1.2	10:30	1.7	5:06	8:18	
14	Fri	4:31	8.9	5:01	9.3	10:48	1.5	11:21	1.7	5:07	8:17	
15	Sat	5:22	8.6	5:48	9.3	11:34	1.7			5:07	8:17	
16	Sun	6:19	8.5	6:40	9.5	12:16	1.6	12:24	1.8	5:08	8:16	
17	Mon	7:19	8.4	7:33	9.8	1:12	1.4	1:17	1.9	5:09	8:15	
18	Tue	8:18	8.5	8:27	10.2	2:08	1.0	2:11	1.7	5:10	8:14	
19	Wed	9:14	8.8	9:20	10.6	3:02	0.6	3:04	1.4	5:11	8:13	
20	Thu	10:06	9.2	10:11	11.1	3:54	0.1	3:56	1.0	5:12	8:13	
21	Fri	10:56	9.7	11:01	11.6	4:43	-0.5	4:47	0.6	5:13	8:12	
22	Sat	11:44	10.2	11:51	11.9	5:32	-0.9	5:38	0.1	5:14	8:11	
23	Sun			12:31	10.6	6:19	-1.3	6:29	-0.2	5:15	8:10	
24	Mon	12:41	12.1	1:20	11.0	7:07	-1.4	7:22	-0.5	5:16	8:09	
25	Tue	1:33	12.0	2:09	11.3	7:55	-1.4	8:16	-0.6	5:17	8:08	
26	Wed	2:27	11.7	3:01	11.4	8:45	-1.2	9:12	-0.6	5:18	8:07	
27	Thu	3:23	11.2	3:56	11.4	9:37	-0.8	10:12	-0.5	5:19	8:06	
28	Fri	4:24	10.7	4:54	11.3	10:32	-0.3	11:14	-0.3	5:20	8:05	
29	Sat	5:30	10.1	5:56	11.1	11:31	0.3			5:21	8:03	
30	Sun	6:37	9.7	7:00	11.0	12:20	-0.1	12:33	0.7	5:23	8:02	
31	Mon	7:44	9.4	8:02	10.9	1:26	0.0	1:37	1.0	5:24	8:01	