
































## Rockland, ME - Jun 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:55	11.2	3:40	10.0	9:18	-0.6	9:33	0.9	4:55	8:12	
2	Sat	3:49	10.6	4:34	9.8	10:10	-0.1	10:29	1.2	4:55	8:13	
3	Sun	4:45	10.1	5:28	9.6	11:02	0.4	11:27	1.4	4:54	8:14	
4	Mon	5:42	9.6	6:20	9.6	11:54	0.8			4:54	8:15	
5	Tue	6:39	9.2	7:11	9.6	12:24	1.5	12:45	1.1	4:54	8:15	
6	Wed	7:35	9.0	8:00	9.7	1:20	1.4	1:35	1.3	4:53	8:16	
7	Thu	8:28	8.9	8:47	9.8	2:13	1.2	2:23	1.5	4:53	8:17	
8	Fri	9:18	8.9	9:30	10.0	3:02	1.0	3:08	1.6	4:53	8:17	
9	Sat	10:05	8.9	10:11	10.1	3:49	0.8	3:51	1.6	4:53	8:18	
10	Sun	10:48	9.0	10:49	10.3	4:32	0.6	4:32	1.6	4:52	8:19	
11	Mon	11:29	9.0	11:25	10.4	5:13	0.4	5:12	1.5	4:52	8:19	
12	Tue			12:07	9.1	5:52	0.2	5:51	1.4	4:52	8:20	
13	Wed	12:00	10.5	12:43	9.2	6:31	0.0	6:31	1.4	4:52	8:20	
14	Thu	12:37	10.7	1:20	9.3	7:10	-0.1	7:12	1.3	4:52	8:21	
15	Fri	1:18	10.7	2:00	9.5	7:51	-0.2	7:57	1.1	4:52	8:21	
16	Sat	2:01	10.8	2:44	9.7	8:34	-0.2	8:45	1.0	4:52	8:21	
17	Sun	2:49	10.7	3:31	10.0	9:20	-0.2	9:38	0.9	4:52	8:22	
18	Mon	3:42	10.5	4:23	10.2	10:09	-0.2	10:35	0.7	4:52	8:22	
19	Tue	4:39	10.3	5:19	10.5	11:02	-0.1	11:37	0.4	4:52	8:22	
20	Wed	5:42	10.1	6:18	10.9	11:59	0.1			4:53	8:23	
21	Thu	6:49	10.0	7:19	11.2	12:41	0.1	12:58	0.2	4:53	8:23	
22	Fri	7:58	10.0	8:20	11.5	1:45	-0.3	1:58	0.2	4:53	8:23	
23	Sat	9:03	10.1	9:19	11.8	2:47	-0.7	2:57	0.2	4:53	8:23	
24	Sun	10:04	10.2	10:16	12.0	3:47	-1.0	3:55	0.2	4:54	8:23	
25	Mon	11:01	10.3	11:11	12.1	4:43	-1.3	4:51	0.1	4:54	8:23	
26	Tue	11:55	10.4			5:37	-1.4	5:44	0.1	4:54	8:23	
27	Wed	12:03	12.0	12:46	10.4	6:28	-1.3	6:36	0.2	4:55	8:23	
28	Thu	12:54	11.8	1:35	10.3	7:17	-1.1	7:26	0.4	4:55	8:23	
29	Fri	1:43	11.4	2:23	10.1	8:04	-0.7	8:15	0.7	4:56	8:23	
30	Sat	2:30	10.9	3:10	10.0	8:50	-0.3	9:05	0.9	4:56	8:23	