

































Rockland, ME - Jul 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:18	10.4	3:57	9.8	9:35	0.2	9:55	1.2	4:57	8:23	
2	Mon	4:07	9.8	4:44	9.6	10:20	0.6	10:46	1.4	4:57	8:23	
3	Tue	4:58	9.3	5:32	9.5	11:06	1.1	11:39	1.5	4:58	8:23	
4	Wed	5:52	8.9	6:21	9.5	11:54	1.4			4:59	8:22	
5	Thu	6:48	8.6	7:11	9.5	12:34	1.5	12:44	1.7	4:59	8:22	
6	Fri	7:45	8.5	8:01	9.6	1:29	1.4	1:35	1.8	5:00	8:22	
7	Sat	8:39	8.5	8:49	9.8	2:22	1.2	2:25	1.9	5:01	8:21	
8	Sun	9:29	8.6	9:34	10.0	3:12	1.0	3:13	1.8	5:01	8:21	
9	Mon	10:15	8.8	10:16	10.3	3:59	0.7	3:58	1.6	5:02	8:20	
10	Tue	10:58	9.0	10:56	10.6	4:43	0.4	4:42	1.4	5:03	8:20	
11	Wed	11:38	9.3	11:36	10.9	5:24	0.0	5:25	1.1	5:04	8:19	
12	Thu			12:17	9.6	6:05	-0.2	6:07	0.9	5:05	8:19	
13	Fri	12:16	11.1	12:55	9.9	6:45	-0.5	6:52	0.6	5:05	8:18	
14	Sat	12:59	11.2	1:36	10.2	7:27	-0.6	7:38	0.4	5:06	8:17	
15	Sun	1:44	11.2	2:21	10.5	8:10	-0.7	8:27	0.2	5:07	8:17	
16	Mon	2:33	11.1	3:08	10.7	8:56	-0.6	9:21	0.1	5:08	8:16	
17	Tue	3:26	10.8	4:00	10.9	9:46	-0.4	10:18	0.0	5:09	8:15	
18	Wed	4:24	10.4	4:56	11.0	10:39	-0.1	11:20	0.0	5:10	8:14	
19	Thu	5:28	10.0	5:58	11.1	11:37	0.2			5:11	8:14	
20	Fri	6:38	9.8	7:03	11.2	12:25	-0.1	12:39	0.5	5:12	8:13	
21	Sat	7:48	9.7	8:08	11.4	1:31	-0.3	1:42	0.6	5:13	8:12	
22	Sun	8:54	9.7	9:10	11.5	2:36	-0.5	2:45	0.6	5:14	8:11	
23	Mon	9:54	9.9	10:07	11.7	3:36	-0.7	3:45	0.5	5:15	8:10	
24	Tue	10:49	10.1	11:01	11.7	4:32	-0.8	4:40	0.4	5:16	8:09	
25	Wed	11:40	10.2	11:51	11.6	5:24	-0.9	5:32	0.3	5:17	8:08	
26	Thu			12:27	10.3	6:11	-0.8	6:20	0.3	5:18	8:07	
27	Fri	12:37	11.4	1:12	10.2	6:55	-0.6	7:05	0.5	5:19	8:06	
28	Sat	1:21	11.0	1:54	10.1	7:37	-0.3	7:49	0.6	5:20	8:05	
29	Sun	2:04	10.6	2:34	10.0	8:17	0.1	8:33	0.8	5:21	8:04	
30	Mon	2:45	10.1	3:13	9.8	8:56	0.5	9:17	1.1	5:22	8:02	
31	Tue	3:27	9.6	3:53	9.6	9:36	1.0	10:03	1.3	5:23	8:01	