

































## Rockland, ME - Oct 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:24	8.4	5:34	9.4	11:27	2.2			6:34	6:17	
2	Tue	6:26	8.5	6:36	9.6	12:13	1.2	12:27	2.0	6:35	6:15	
3	Wed	7:26	9.0	7:38	9.9	1:11	0.9	1:27	1.6	6:37	6:13	
4	Thu	8:20	9.6	8:35	10.4	2:05	0.5	2:24	0.9	6:38	6:11	
5	Fri	9:10	10.3	9:30	10.9	2:56	0.1	3:18	0.2	6:39	6:09	
6	Sat	9:57	11.0	10:22	11.3	3:45	-0.4	4:09	-0.6	6:40	6:08	
7	Sun	10:44	11.7	11:13	11.5	4:32	-0.7	5:00	-1.3	6:41	6:06	
8	Mon	11:31	12.2			5:20	-0.9	5:51	-1.7	6:43	6:04	
9	Tue	12:04	11.6	12:19	12.5	6:08	-0.9	6:42	-1.9	6:44	6:02	
10	Wed	12:56	11.5	1:09	12.5	6:57	-0.8	7:35	-1.9	6:45	6:01	
11	Thu	1:50	11.1	2:03	12.3	7:50	-0.5	8:31	-1.6	6:46	5:59	
12	Fri	2:48	10.7	3:00	11.9	8:45	0.0	9:30	-1.1	6:48	5:57	
13	Sat	3:50	10.3	4:03	11.4	9:45	0.4	10:32	-0.6	6:49	5:55	
14	Sun	4:55	9.9	5:11	10.9	10:50	0.8	11:37	-0.2	6:50	5:54	
15	Mon	6:02	9.8	6:20	10.5	11:58	1.0			6:51	5:52	
16	Tue	7:05	9.8	7:24	10.3	12:42	0.1	1:05	1.1	6:52	5:50	
17	Wed	8:03	9.9	8:23	10.2	1:42	0.2	2:07	0.9	6:54	5:49	
18	Thu	8:56	10.1	9:17	10.2	2:37	0.3	3:03	0.7	6:55	5:47	
19	Fri	9:43	10.3	10:06	10.1	3:26	0.4	3:52	0.5	6:56	5:45	
20	Sat	10:26	10.4	10:50	10.0	4:10	0.5	4:36	0.4	6:58	5:44	
21	Sun	11:06	10.4	11:31	9.8	4:50	0.7	5:16	0.3	6:59	5:42	
22	Mon	11:41	10.3			5:26	0.9	5:53	0.3	7:00	5:40	
23	Tue	12:09	9.6	12:13	10.3	6:00	1.1	6:29	0.3	7:01	5:39	
24	Wed	12:44	9.4	12:42	10.1	6:34	1.3	7:04	0.4	7:03	5:37	
25	Thu	1:17	9.2	1:12	10.0	7:08	1.5	7:40	0.5	7:04	5:36	
26	Fri	1:50	9.0	1:46	9.9	7:44	1.7	8:19	0.7	7:05	5:34	
27	Sat	2:26	8.8	2:26	9.8	8:23	1.9	9:02	0.8	7:07	5:33	
28	Sun	3:08	8.7	3:11	9.7	9:07	2.0	9:48	0.9	7:08	5:31	
29	Mon	3:56	8.6	4:02	9.6	9:57	2.1	10:40	0.9	7:09	5:30	
30	Tue	4:50	8.7	4:58	9.6	10:54	2.0	11:34	0.9	7:11	5:29	
31	Wed	5:47	9.0	5:59	9.7	11:54	1.7			7:12	5:27	