






























Rockland, ME - Feb 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:35	11.9	10:14	10.6	3:14	0.1	3:57	-1.1	6:53	4:46	
2	Sat	10:27	11.9	11:03	10.8	4:08	-0.1	4:47	-1.2	6:52	4:47	
3	Sun	11:16	11.8	11:49	10.8	4:59	-0.2	5:33	-1.1	6:51	4:49	
4	Mon			12:03	11.5	5:46	-0.2	6:16	-0.8	6:50	4:50	
5	Tue	12:33	10.7	12:47	11.1	6:32	0.0	6:58	-0.4	6:48	4:52	
6	Wed	1:15	10.5	1:30	10.5	7:16	0.3	7:38	0.1	6:47	4:53	
7	Thu	1:56	10.3	2:13	9.9	8:01	0.6	8:19	0.6	6:46	4:54	
8	Fri	2:37	10.0	2:58	9.4	8:47	0.9	9:02	1.1	6:44	4:56	
9	Sat	3:20	9.7	3:47	8.9	9:35	1.2	9:48	1.6	6:43	4:57	
10	Sun	4:07	9.5	4:42	8.5	10:28	1.4	10:38	1.9	6:42	4:58	
11	Mon	5:00	9.3	5:43	8.3	11:25	1.5	11:33	2.1	6:40	5:00	
12	Tue	5:58	9.3	6:43	8.3			12:24	1.5	6:39	5:01	
13	Wed	6:55	9.5	7:39	8.4	12:30	2.1	1:20	1.3	6:38	5:03	
14	Thu	7:48	9.7	8:29	8.7	1:24	1.9	2:11	1.0	6:36	5:04	
15	Fri	8:35	10.1	9:13	9.1	2:15	1.6	2:57	0.6	6:35	5:05	
16	Sat	9:18	10.5	9:53	9.6	3:01	1.2	3:39	0.2	6:33	5:07	
17	Sun	9:59	10.8	10:30	10.0	3:45	0.8	4:19	-0.2	6:32	5:08	
18	Mon	10:39	11.1	11:07	10.5	4:28	0.3	4:58	-0.5	6:30	5:09	
19	Tue	11:20	11.3	11:46	10.9	5:11	-0.1	5:38	-0.6	6:29	5:11	
20	Wed			12:03	11.3	5:56	-0.4	6:20	-0.7	6:27	5:12	
21	Thu	12:28	11.2	12:49	11.2	6:42	-0.6	7:04	-0.6	6:25	5:14	
22	Fri	1:13	11.4	1:39	10.9	7:32	-0.7	7:52	-0.3	6:24	5:15	
23	Sat	2:02	11.4	2:34	10.5	8:26	-0.6	8:44	0.0	6:22	5:16	
24	Sun	2:57	11.3	3:36	10.0	9:26	-0.4	9:42	0.4	6:21	5:18	
25	Mon	3:59	11.1	4:47	9.7	10:31	-0.2	10:47	0.7	6:19	5:19	
26	Tue	5:09	11.0	6:00	9.6	11:39	-0.1	11:55	0.8	6:17	5:20	
27	Wed	6:21	11.0	7:09	9.7			12:48	-0.2	6:16	5:21	
28	Thu	7:28	11.1	8:11	10.0	1:03	0.7	1:51	-0.4	6:14	5:23	