
































## Rockland, ME - May 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:17	9.9	11:28	10.6	5:02	0.1	5:12	0.8	5:27	7:39	
2	Thu	11:58	9.7			5:42	0.1	5:49	1.0	5:25	7:41	
3	Fri	12:04	10.5	12:37	9.5	6:20	0.2	6:25	1.2	5:24	7:42	
4	Sat	12:37	10.3	1:13	9.3	6:56	0.3	7:00	1.4	5:23	7:43	
5	Sun	1:08	10.2	1:47	9.1	7:33	0.4	7:36	1.6	5:21	7:44	
6	Mon	1:40	10.0	2:21	8.9	8:10	0.5	8:14	1.8	5:20	7:45	
7	Tue	2:16	9.9	2:59	8.8	8:50	0.7	8:55	1.9	5:19	7:46	
8	Wed	2:57	9.8	3:41	8.8	9:33	0.8	9:42	2.0	5:17	7:48	
9	Thu	3:44	9.6	4:29	8.8	10:20	0.9	10:33	1.9	5:16	7:49	
10	Fri	4:35	9.6	5:21	9.0	11:10	0.9	11:29	1.8	5:15	7:50	
11	Sat	5:31	9.5	6:15	9.3			12:02	0.8	5:14	7:51	
12	Sun	6:30	9.6	7:10	9.8	12:27	1.4	12:55	0.7	5:12	7:52	
13	Mon	7:32	9.8	8:03	10.4	1:26	0.9	1:49	0.4	5:11	7:53	
14	Tue	8:32	10.1	8:56	11.1	2:23	0.2	2:42	0.2	5:10	7:54	
15	Wed	9:30	10.5	9:48	11.7	3:19	-0.5	3:34	-0.1	5:09	7:56	
16	Thu	10:26	10.8	10:40	12.2	4:14	-1.1	4:26	-0.3	5:08	7:57	
17	Fri	11:21	11.0	11:32	12.6	5:07	-1.7	5:19	-0.5	5:07	7:58	
18	Sat			12:16	11.1	6:01	-2.0	6:12	-0.5	5:06	7:59	
19	Sun	12:25	12.7	1:11	11.1	6:54	-2.1	7:06	-0.4	5:05	8:00	
20	Mon	1:20	12.6	2:07	10.9	7:49	-1.9	8:02	-0.2	5:04	8:01	
21	Tue	2:17	12.2	3:05	10.8	8:45	-1.6	9:00	0.0	5:03	8:02	
22	Wed	3:17	11.8	4:05	10.6	9:42	-1.2	10:02	0.3	5:02	8:03	
23	Thu	4:19	11.2	5:05	10.4	10:40	-0.7	11:05	0.6	5:01	8:04	
24	Fri	5:22	10.7	6:05	10.3	11:39	-0.2			5:01	8:05	
25	Sat	6:26	10.2	7:02	10.3	12:09	0.7	12:37	0.2	5:00	8:06	
26	Sun	7:26	9.9	7:57	10.4	1:11	0.7	1:33	0.5	4:59	8:07	
27	Mon	8:23	9.7	8:48	10.4	2:10	0.6	2:26	0.8	4:58	8:08	
28	Tue	9:16	9.5	9:35	10.5	3:03	0.5	3:14	1.0	4:58	8:09	
29	Wed	10:06	9.4	10:19	10.5	3:52	0.4	3:59	1.1	4:57	8:10	
30	Thu	10:51	9.3	10:59	10.4	4:36	0.3	4:41	1.3	4:57	8:11	
31	Fri	11:34	9.3	11:36	10.4	5:17	0.3	5:19	1.4	4:56	8:11	