



Rockland, ME - Jun 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:13	9.2	5:56	0.3	5:56	1.5	4:55	8:12	☀
2	Sun	12:10	10.3	12:50	9.1	6:33	0.3	6:33	1.6	4:55	8:13	☀
3	Mon	12:42	10.2	1:24	9.0	7:09	0.3	7:09	1.6	4:55	8:14	☀
4	Tue	1:15	10.2	1:57	9.0	7:46	0.4	7:48	1.7	4:54	8:15	☀
5	Wed	1:50	10.1	2:33	9.0	8:24	0.4	8:29	1.7	4:54	8:15	☀
6	Thu	2:30	10.0	3:12	9.1	9:04	0.5	9:14	1.6	4:53	8:16	☀
7	Fri	3:15	9.9	3:56	9.3	9:47	0.5	10:03	1.5	4:53	8:17	☀
8	Sat	4:04	9.8	4:45	9.6	10:34	0.5	10:58	1.3	4:53	8:17	☀
9	Sun	4:59	9.7	5:37	9.9	11:24	0.5	11:56	1.0	4:53	8:18	☀
10	Mon	5:57	9.7	6:32	10.4			12:18	0.5	4:52	8:19	☀
11	Tue	7:00	9.8	7:30	10.9	12:56	0.5	1:14	0.4	4:52	8:19	☀
12	Wed	8:05	9.9	8:27	11.4	1:57	0.0	2:11	0.3	4:52	8:20	☀
13	Thu	9:08	10.2	9:25	11.9	2:57	-0.6	3:08	0.1	4:52	8:20	☀
14	Fri	10:09	10.5	10:21	12.3	3:55	-1.2	4:04	-0.2	4:52	8:21	☀
15	Sat	11:07	10.7	11:17	12.6	4:51	-1.6	5:00	-0.3	4:52	8:21	☀
16	Sun			12:03	10.9	5:46	-1.9	5:56	-0.4	4:52	8:21	☀
17	Mon	12:13	12.7	12:58	11.0	6:40	-2.0	6:51	-0.4	4:52	8:22	☀
18	Tue	1:08	12.5	1:52	11.0	7:33	-1.8	7:47	-0.3	4:52	8:22	☀
19	Wed	2:03	12.2	2:47	10.9	8:27	-1.5	8:43	-0.1	4:52	8:22	☀
20	Thu	2:59	11.6	3:42	10.7	9:20	-1.1	9:41	0.2	4:53	8:23	☀
21	Fri	3:56	11.0	4:37	10.5	10:13	-0.5	10:39	0.5	4:53	8:23	☀
22	Sat	4:55	10.4	5:32	10.4	11:07	0.0	11:39	0.7	4:53	8:23	☀
23	Sun	5:54	9.8	6:27	10.2			12:01	0.5	4:53	8:23	☀
24	Mon	6:53	9.4	7:21	10.2	12:39	0.9	12:54	0.9	4:54	8:23	☀
25	Tue	7:51	9.1	8:12	10.1	1:36	0.9	1:47	1.2	4:54	8:23	☀
26	Wed	8:45	9.0	9:01	10.2	2:30	0.8	2:37	1.4	4:54	8:23	☀
27	Thu	9:36	8.9	9:47	10.2	3:21	0.7	3:25	1.5	4:55	8:23	☀
28	Fri	10:23	9.0	10:30	10.3	4:07	0.6	4:09	1.6	4:55	8:23	☀
29	Sat	11:06	9.0	11:09	10.3	4:50	0.5	4:50	1.5	4:56	8:23	☀
30	Sun	11:47	9.1	11:45	10.4	5:30	0.4	5:29	1.5	4:56	8:23	☀