



Rockland, ME - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:24	9.1	6:08	0.3	6:07	1.4	4:57	8:23	●
2	Tue	12:18	10.4	12:58	9.2	6:44	0.2	6:45	1.4	4:57	8:23	●
3	Wed	12:52	10.4	1:30	9.3	7:20	0.2	7:23	1.3	4:58	8:23	●
4	Thu	1:27	10.4	2:04	9.5	7:56	0.1	8:04	1.2	4:59	8:22	●
5	Fri	2:07	10.3	2:42	9.7	8:35	0.2	8:49	1.1	4:59	8:22	◐
6	Sat	2:50	10.2	3:25	9.9	9:16	0.2	9:38	0.9	5:00	8:22	◑
7	Sun	3:39	10.1	4:13	10.2	10:02	0.3	10:31	0.8	5:01	8:21	◒
8	Mon	4:33	9.9	5:06	10.4	10:52	0.4	11:30	0.5	5:01	8:21	◓
9	Tue	5:32	9.7	6:03	10.7	11:47	0.5			5:02	8:20	◔
10	Wed	6:38	9.6	7:04	11.1	12:32	0.2	12:46	0.5	5:03	8:20	◕
11	Thu	7:47	9.7	8:08	11.4	1:36	-0.2	1:48	0.4	5:04	8:19	◖
12	Fri	8:54	9.9	9:10	11.8	2:40	-0.6	2:49	0.3	5:04	8:19	◗
13	Sat	9:57	10.2	10:10	12.2	3:40	-1.1	3:49	0.0	5:05	8:18	◘
14	Sun	10:55	10.6	11:07	12.4	4:38	-1.4	4:47	-0.2	5:06	8:18	◙
15	Mon	11:50	10.8			5:32	-1.7	5:43	-0.4	5:07	8:17	◚
16	Tue	12:01	12.4	12:42	11.0	6:24	-1.7	6:37	-0.5	5:08	8:16	◛
17	Wed	12:54	12.3	1:33	11.0	7:15	-1.5	7:30	-0.4	5:09	8:15	◜
18	Thu	1:46	11.9	2:23	11.0	8:04	-1.2	8:22	-0.1	5:10	8:15	◝
19	Fri	2:37	11.3	3:12	10.8	8:52	-0.7	9:14	0.2	5:11	8:14	◞
20	Sat	3:29	10.7	4:02	10.5	9:40	-0.1	10:08	0.5	5:12	8:13	◟
21	Sun	4:23	10.0	4:53	10.2	10:29	0.4	11:03	0.8	5:13	8:12	◠
22	Mon	5:18	9.4	5:45	10.0	11:19	1.0	11:59	1.1	5:14	8:11	◡
23	Tue	6:16	9.0	6:39	9.8			12:12	1.4	5:15	8:10	◢
24	Wed	7:14	8.7	7:33	9.7	12:56	1.2	1:05	1.7	5:16	8:09	◣
25	Thu	8:10	8.6	8:25	9.8	1:53	1.2	1:58	1.8	5:17	8:08	◤
26	Fri	9:02	8.6	9:13	9.9	2:46	1.0	2:49	1.8	5:18	8:07	◥
27	Sat	9:51	8.8	9:59	10.1	3:35	0.9	3:37	1.7	5:19	8:06	◦
28	Sun	10:35	9.0	10:40	10.3	4:19	0.6	4:20	1.5	5:20	8:05	◧
29	Mon	11:16	9.2	11:18	10.5	5:00	0.4	5:01	1.3	5:21	8:04	◨
30	Tue	11:53	9.4	11:53	10.6	5:38	0.2	5:41	1.1	5:22	8:03	◩
31	Wed			12:26	9.6	6:14	0.1	6:19	0.9	5:23	8:02	◪